

# TCT 2021 Trail Crew Trek

The Trail Crew Trek Program (TCT) is an exciting program at Philmont Scout Ranch for Scouts who are interested in the natural environment and committed to being responsible stewards of the land through conservation work. Trail Crew Trek is a seven-day trail construction session followed by a seven-day trek through Philmont's 140,711 acres of rugged mountain wilderness in the Sangre de Cristo Range of the Rocky Mountains of northeastern New Mexico.

The TCT program will offer each participant hands-on experience with a variety of conservation projects with a heavy emphasis on leadership development and critical thinking and decision making. Participants will learn the basic and advanced skills needed to construct multi use backcountry trails and conduct conservation work projects. Participants will get hands-on experience with both trail construction and maintenance practices that will prepare participants to initiate and lead projects in their home area. In addition, participants will learn from conservation and land management experts from BSA professionals and members of the Northeastern New Mexico land management and recreation communities.

During the TCT program, each crew will focus on personal and project leadership development. Leadership skills and practices will be taught by the staff and will be implemented by the participants throughout the trek. Each participant will have the opportunity to be a "Project Manager of the Day" during the work week so that participants can gain experience running an efficient conservation project and managing personnel. After leaving the worksite, a "Crew Leader of the Day" will be responsible for route planning, coordinating educational opportunities, and facilitating crew decisions. The experience of working on a wide array of projects will provide knowledge and skills that can be used to complete projects at local camps and managed areas in the participant's community when they return home.

TCT participants will work and hike in crews under the leadership of trained instructors, many of whom have academic backgrounds in the sciences, natural resource management, and/or years of experience working in an outdoor classroom. Crews will be composed of young men and women from across the country. All crew equipment such as tents, cooking gear, and tools will be provided by Philmont and all participants will be covered by campers' insurance.

Philmont Scout Ranch covers 219 square miles, with more than 350 miles of backcountry trail. Philmont ranges from 6,500 feet to 12,441 feet in elevation above sea level. Because of the remote location and high elevation participants need to be prepared, both physically and mentally, to handle the challenges of the trek. Philmont experiences a wide variety of weather situations. Participants should be prepared for temperatures ranging from 100°F to 30°F and for extreme weather conditions including heavy rain, hail, and snow. All this adds to the Trail Crew Trek and the Philmont experience.

### REQUIREMENTS

- Be at least 16 years old by the date the program begins, but not yet 21 by the date it ends
- Be a registered member of the Boy Scouts of America
- Be in excellent physical condition, able to hike 10 or more miles per day with a 50-pound backpack and be able to lift and handle materials up to 75 pounds
- Complete a BSA Annual Health and Medical Record. Philmont height and weight guidelines will be strictly enforced.

### HOW TO APPLY

Complete the following application. Apply early for best consideration. Applications will continue to be accepted until all spaces are filled. Have it approved by a parent or guardian and your unit leader. Philmont will notify you of your acceptance. If accepted, a packet of materials will be emailed in March to assist you in preparing for your Philmont work and trek experience.

### PROGRAM FEE AND TRAVEL INFORMATION FOR PARTICIPANTS

The fee is \$325 in 2021 for the two-week experience. A \$50 non-refundable deposit is required with this application. The balance of the fee is due at the time of acceptance. Additional expenses, including travel to and from Philmont as well as miscellaneous purchases, are the responsibility of the participant. Applicants not accepted will have their deposit returned. Participants canceling acceptance will be eligible for a refund if notification is received at Philmont by May 1. No-shows are not eligible for a refund. We will accept applications until sessions are filled. Scholarship funds are available on a limited basis, apply using the attached application.

### **TRAVEL INFORMATION**

Shuttles are available to and from the airports in Albuquerque, NM and Colorado Springs, CO and Denver, CO. The shuttles depart the airport at 1:00 to 3:00 pm, depending on the location, on the day **before** your scheduled start date, arriving at Philmont at 6:30 to 7:00 pm (approx). The return shuttles leave from 6:00 to 7:30 am on your departure date, arriving at the Airports at 9:45 am to 12:00 noon, depending on location. You may also consider the bus or train arrival at Raton, New Mexico (45 miles from Philmont). A roundtrip shuttle is available from Raton. If you do not arrive by shuttle, plan to arrive at Philmont between 8:00 - 10:00 am on your scheduled start date. The Shuttle information/registration forms will be included in your March packet. **Note:** Shuttle times may change so please check shuttle registration forms upon receiving them or call Philmont for updated information. The Trail Crew Trek is a fourteen-day program. Participants depart the morning of the fifteenth day (June 26, July 17, and August 7 are departure dates).

### **ADDITIONAL INFORMATION**

For additional information about the Trail Crew Trek Program including shuttle arrangements, physical requirements (annual health and medical record questions), equipment needs, and general questions, contact Philmont Scout Ranch at 575-376-2281 or email <u>camping@philmontscoutranch.org</u>. Information to assist you in preparing for your trek can be found at <u>https://www.philmontscoutranch.org/philmonttreks/individualprograms/</u>

During the summer season, contact Philmont Scout Ranch at 575-376-2281, seven days a week, and ask for the Conservation Department or Camping Registration. During this time, Philmont Logistics will also be able to assist with transportation concerns or problems.

### TRAIL CREW TREK SESSION DATES FOR 2021 Session One: June 12-26 Session Two: July 3-17 Session Three: July 24- August 7

**Please Note**: If less than five participants register for a session by May 1, the session may be cancelled. Participants will be promptly notified and alternative programs suggested.

### TRAIL CREW TREK CODE OF CONDUCT

The general welfare of any group depends on the conduct of each individual member. This ensures the success of our projects and provides the maximum benefit to every participant. As a TCT participant I understand this and support the reasonable demands and conduct expected of me.

### AS A TRAIL CREW TREK PARTICIPANT, I WILL

- Live the Scout Oath and Law
- Observe, respect, and strive to live the Philmont Wilderness Pledge.
- Observe the rules of the Philmont Conservation Department and my Instructors
- · Wear my full official BSA uniform or work clothes as required
- Attend and participate in all functions of the program
- Be personally responsible for damage and loss of property
- Respect all safety procedures and learn to properly use equipment
- Be considerate of participants and staff at Philmont Scout Ranch at all times
- Understand that fighting with another participant or staff member is prohibited, and will be grounds for immediate dismissal from the program at the expense of the participant
- Understand that theft, vandalism, or deliberate destruction of property of other participants or Philmont is not permitted and will result in dismissal from the program at the expense of the participant
- Understand the purchase, possession, or consumption of alcoholic beverages, cigarettes or illicit drugs at any time during the program will not be permitted and will result in dismissal from the program, at the expense of the participant. This standard shall apply to all participants. Compliance with state law regulations will apply at all times.

By signing along with my parent/guardian on the final page of this application, I acknowledge I have read and promise to abide by the code of conduct for the Trail Crew Trek Program and have read and understand all the information about the Trail Crew Trek Program as listed on this application.

# **2021 TRAIL CREW TREK APPLICATION**

NAME		EMAIL		
(first) (middle)	(last)			
MAILING ADDRESS				
CITY, STATE, ZIP				
Home # Cell #				
DATE OF BIRTH* (*Mu	st be 16 by pro	gram start date, b	ut not 21 by its	conclusion)
ADDITIONAL INFORMATION: Gender	Age	Grade	Height	Weight
MEMBERSHIP #	e/remale		inches	
SCOUTING AND OUTDOOR EXPERIENC	E:			
Registered with: Troop Team Venture	Crew Unit #	Tenure	Ran	k
(Circle One) Council Name				
Leadership Positions Held				
Previous Philmont Experience		_ Year(s)		
Other High Adventure Experience / Backpa	cking Experien	ce (nlease he sne	cific)	
Total no. of backpacking overnights	C C		·	Miles
Extracurricular Activities				
Honors / Awards Received				
Camp Staff Experience (When and Where)				
CPR/First Aid Certifications				
SESSION: (indicate 1 <sup>st</sup> and 2 <sup>nd</sup> choice)	lune 12 – 26	July 3 - 17_	July 24	– August 7
Find Enclosed:	_\$50 deposit	OR \$325 (fu	Ill fee for 2021)	
Make check	payable to Ph	nilmont Scout Ra	nch.	

# **BEWARE OF POTENTIAL RISKS**

Philmont offers High Adventure backpacking treks and program activities in relatively inaccessible mountainous terrain. Parents, advisors and youth participants should be alert to the potential for injury.

Philmont strives to minimize risks to participants and advisors by emphasizing proper safety precautions. Philmont staff members will instruct you regarding safety measures to be followed. Each participant is expected to follow these safety measures and to accept responsibility for their health and safety.

### PARENT/GUARDIAN APPROVAL:

My son/daughter has my complete permission to participate in the TCT Program during the session indicated on this application. I understand that the program is physically demanding and involves a degree of risk and a potential for injury. I along with my son/daughter also acknowledge and agree with the Code of Conduct.

Participant Signature	Date
Parent/Guardian Signature	Date

## UNIT LEADER APPROVAL:

I attest this applicant is a member in good standing and approve his/her participation in Trail Crew Trek

Unit Leader Signature\_\_\_\_\_ Date \_\_\_\_\_

### FEE SCHEDULE:

The fee is **\$325 for 2021**. A \$50 deposit must accompany this application. The remaining balance will be due upon receipt of confirmation.

### NOTE: A deposit fee must accompany application along with all required signatures.

Please make check payable to Philmont Scout Ranch	and mail to:	PHILMONT SCOUT RANCH ATTN: TCT 17 DEER RUN RD. CIMARRON NM 87714
Philmont Contact Information: Phone: 575.376.2281 Email: <u>camping@philmontscoutranch.org</u>	Web Address:	www.PhilmontScoutRanch.org

### HIGH ADVENTURE RISK ADVISORY

**Philmont Scout Ranch Experience.** The Philmont experience is not risk-free. Staff will instruct participants in safety measures. Be prepared to listen to and follow these measures. Accept responsibility for the health and safety of yourself and others. Each participant must be able to carry 25 to 35 percent of their body weight while hiking 5 to 12 miles per day in an isolated mountain wilderness ranging from 6,500 to 12,500 feet in elevation over trails that are steep and rocky. Summer/ autumn climate includes temperatures from 30 to 100 degrees, low humidity (10 to 30 percent), and frequent, sometimes severe, thunderstorms. Winter climatic conditions can range from –20 to 60 degrees. During a Winter Adventure experience, each person will walk, ski, or snowshoe along snow-covered trails pulling loaded toboggans or sleds for up to 3 miles—or even more on a cross-country ski trek.

**Risk Advisory.** Philmont has an excellent health and safety record and strives to minimize risks to participants by emphasizing appropriate safety precautions. Because most participants are prepared, are conscious of risks, and take safety precautions, they do not experience injuries. If you decide to attend Philmont, you should be physically fit, have proper clothing and equipment, be willing to follow instructions, work as a team with your crew, and take responsibility for your own health and safety.

Philmont staff members are trained in first aid, CPR, and accident prevention. They can assist the adult advisor in recognizing, reacting to, and responding to accidents, injuries, and illnesses. **Each crew is required to have at least two members trained in wilderness first aid and CPR**. Response times can be affected by location, terrain, weather, or other emergencies and could be delayed for hours or even days in a wilderness setting.

All Philmont participants should understand potential health risks inherent at or above 6,700 feet in elevation in a dry Southwest environment. High elevation; a physically demanding high- adventure program in remote mountainous areas; camping while being exposed to occasional severe weather conditions such as lightning, hail, flash floods, and heat; and other potential problems, including injuries from tripping and falling, falls from horses, heat exhaustion, and motor vehicle accidents, can worsen underlying medical conditions. Native wild animals such as bears, rattlesnakes, and mountain lions usually present little danger if proper precautions are taken.

Please call Philmont at 575-376-2281 if you have any questions. All participants and guests should review all materials and websites related to the experiences they are planning to have at Philmont Scout Ranch.

#### PHILMONT WEIGHT LIMITS FOR BACKPACKING AND HIKING

Weight limit guidelines are used because overweight individuals are at a greater risk for heart disease, high blood pressure, stroke, altitude illness, sleep problems, and injury. These guidelines are for all Scouting high-adventure activities. Each participant's weight must be less than the maximum acceptable limit in the weight chart. Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck WILL NOT be permitted to backpack or hike at Philmont. They will be sent home.

For participants under 21 years of age who exceed the maximum acceptable weight for height, the Philmont staff will use their judgment to determine if the youth can participate. Philmont will consider up to 20 pounds over the maximum acceptable; however, exceptions are not made automatically and discussion with Philmont in advance is required for any exception. Philmont's telephone number is 575-376-2281. Due to rescue equipment restrictions and evacuation efforts from remote sites, under no circumstances will any individual weighing more than 295 pounds be permitted to participate in backcountry programs.

**Philmont Approval.** Staff and/or staff physicians reserve the right to deny the participation of any individual on the basis of a physical examination and/or medical history. Each participant is subject to a medical recheck at Philmont.

**Height/Weight Restrictions**. If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

	Max			Max			Max		Max
Height(inches)	Weight		Height(inches)	Weight		Height(inches)	Weight	Height(inches)	Weight
60	166		65	195		70	226	75	260
61	172		66	201		71	233	76	267
62	178		67	207		72	239	77	274
63	183		68	214		73	246	78	281
64	189		69	220		74	252	79 & over	295

#### Maximum Weight for Height:

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.

A <u>water-displacement</u> test to determine percent body fat will also be accepted in lieu of the height-weight guidelines. Women will need to have a body fat of 20% or less and men will need to have a body fat of 15% or less to be qualified to participate. <u>No</u> other form of test to determine percent body fat (DEXA scan, skin fold, etc.) will be accepted by Philmont.

## INDIVIDUAL TREKS FINANCIAL ASSISTANCE APPLICATION

A limited amount of financial assistance is available for Rayado, ROCS, STEM, or TCT participants. To apply, please complete this application and return it to Philmont by February 1 of the year attending. All information will remain confidential.

	******	******	***************************************	****	
NAMEFirst			BIRTHDATE	AGE	
First	Middle I.	Last			
ADDRESS		PHONE			
CITY, STATE, ZIP					
COUNCIL NAME			UNIT #	: 	
* How long have you	been a member of tl	he Boy Scouts of Ameri	********** ca?		
* Leadership position(	(s):				
* Local council camp	experience (where &	& when):			
* Philmont experience					
* Other high adventur	e experience:				
* Honors/awards (sch	ool, etc.):				
participant. Please ac you meet the challeng 3) How will this experi	ddress the following ges of this program? ience help you in fut	topics directly: 1) What 2) What do you hope to ure service to Scouting	previous experiences h o learn or accomplish th ; in pursuing other educa , character trait) as a par	ational, career, or life	
Parent/Guardian Infor	mation:				
Father Employer/Occupation					
Mother Employer/Occupation					
State circumstances t	hat require you to a	pply for financial assista	ance: (attach additional p	bage if needed)	
	· · · ·				
Amount of fee to be paid by:		Signatures required:			
Participant	\$	· · · · · · · · · · · · · · · · · · ·			
Family	\$				
Unit or Chartered Partners	tered Partners \$				
Total Available	\$	Date      S			
Financial Assistance       SCHOLARSHIP APPLICATION DEADLINE: FEBRUARY 1         Requested       \$         INCOMPLETE APPLICATIONS WILL NOT BE CONSIDERED					