Philmont Scout Ranch

2019 Breakfast Trail Food Menu

| Peppered Beef Jerky Butterscotch Oatmeal Bar—K Peanut Butter and Jelly Bar—K/GF/DF/SF/Vegan Raisins—K Raisins—K Raisins—K Raisins—K Spiced Apple Cider—K Spiced Apple Cider—K Breakfast #2 Honey Peppered Beef Stick—GF Instant Oatmeal, Apples and Cinnamon—K Whole Berry Blast Meal Bar—GF/DF/Vegan Resakfast #3 Cashew Cookie Bar—K/GF/DF/SF/Vegan Strawberry Pop Tarts Lemonade Mix—K Breakfast #3 Breakfast #8 Cranberry Popergranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Cranmel Energy Waffle—K Crunchy Peanut Butter Bar—K Crunchy Peanut Butter Bar—K Crunchy Peanut Butter Bar—K Breakfast #8 Breakfast #8 Breakfast #8 Cranberry Pop Tarts Lemonade Mix—C Breakfast #8 Breakfast #8 Cranberry Popergranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #8 Cranberry Popergranate Bar Hydration Pop Tarts Hot Chocolate Breakfast #8 Bre | Breakfast #1 | Breakfast #6 | |
|---|---|--|--|
| Peanut Butter and Jelly Bar—K/GF/DF/SF/Vegan Raisins—K Raisins—K Raisins—K Animal Crackers—K Spiced Apple Cider—K Breakfast #Z Honey Peppered Beef Stick—GF Instant Oatmeal, Apples and Cinnamon—K Whole Berry Blast Meal Bar—GF/DF/Vegan Cheex-its—K Lemonade Mix—K Breakfast #B Cran-Raspberry Acli-Mate Breakfast #B Cran-Raspberry Acli-Mate Breakfast #B Cran-Raspberry Maffle—K Crunchy Peanut Butter Bar—K Crunchy Peanut Butter Bar—K Hot Chocolate Breakfast #B Breakfast #B Breakfast #B Breakfast #B Cran-Raspberry Tenegy Waffle—K Crunchy Peanut Butter Bar—K Hot Chocolate Breakfast #B Bre | Peppered Beef Jerky | Banana Nut Bread Bar—GF/DF/Vegan | |
| Raisins—K Animal Crackers—K Spiced Apple Cider—K Breakfast #2 Honey Peppered Beef Stick—GF Instant Oatmeal, Apples and Cinnamon—K Whole Berry Blast Meal Bar—GF/DF/Vegan Cheez-its—K Lemonade Mix—K Breakfast #3 Terriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #3 Cran-Raspberry Acli-Mate Bre | Butterscotch Oatmeal Bar—K | Peanut Butter Crunchy Granola Bar—K | |
| Animal Crackers—K Spiced Apple Cider—K Breakfast #2 Honey Peppered Beef Stick—GF Instant Oatmeal, Apples and Cinnamon—K Whole Berry Blast Meal Bar—GF/DF/Vegan Cheez-Its—K Lemonade Mix—K Breakfast #3 Terriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranherry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast #6 | Peanut Butter and Jelly Bar—K/GF/DF/SF/Vegan | Raisins—K | |
| Spiced Apple Cider—K Breakfast #2 Honey Peppered Beef Stick—GF Instant Oatmeal, Apples and Cinnamon—K Whole Berry Blast Meal Bar—GF/DF/Vegan Cheez-its—K Lemonade Mix—K Breakfast #3 Teriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast #6 Breakfast #6 Breakfast #8 Breakfast #8 Breakfast #8 Breakfast #8 Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #8 Breakf | Raisins—K | French Toast Pieces—K | |
| Breakfast #2 | Animal Crackers—K | Spiced Apple Cider—K | |
| Honey Peppered Beef Stick—GF Instant Oatmeal, Apples and Cinnamon—K Whole Berry Blast Meal Bar—GF/DF/Vegan Cheez-its—K Lemonade Mix—K Lemonade Mix—K Breakfast #3 Teriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Cran-Raspberry Acli-Mate Cran-Raspberry Acli-Mate Breakfast #4 Crunchy Peanut Butter Bar—K Crunchy Peanut Butter Bar—K Crunchy Peanut Butter Bar—K Breakfast #5 Breakfast #5 Breakfast #6 Breakfast #6 Breakfast #8 Breakfast #8 Crunchy Peanut Butter Bar—K Breakfast #8 Breakfast #8 Breakfast #8 Breakfast #8 Crunchy Peanut Butter Bar—K Breakfast #8 | Spiced Apple Cider—K | | |
| Instant Oatmeal, Apples and Cinnamon—K Whole Berry Blast Meal Bar—GF/DF/Vegan Cheez-its—K Lemonade Mix—K Breakfast #3 Terriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #6 Breakfast #8 Breakfast #8 Breakfast #8 Breakfast #8 Breakfast #8 Cran-Raspberry Acli-Mate Breakfast #8 Cinnamon Raisin Bagel (Fresh) - K Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Chocolate Breakfast #10 Breakfast #10 Breakfast #10 Biscults and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Breakfast #2 | Breakfast #7 | |
| Banana Chips Cashew Cookie Bar—K/GF/DF/SF/Vegan Strawberry Pop Tarts Lemonade Mix—K Breakfast #3 Teriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cran-Berry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #10 Biscuits and Gravy Double Chocolate Oatmeal Bar—K Dried Pinus Bend—K Strawberry Energy Waffle—K Sweet N Hot Beef Jerky Banana Chips | Honey Peppered Beef Stick—GF | Turkey Jerky | |
| Cheez-its—K Lemonade Mix—K Breakfast #3 Teriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Cran-Raspberry Acli-Mate Breakfast #4 Cran-Raspberry Acli-Mate Breakfast #4 Cran-Raspberry Acli-Mate Breakfast #4 Cran-Raspberry Acli-Mate Breakfast #4 Breakfast #4 Cran-Raspberry Acli-Mate Breakfast #4 Breakfast #4 Cran-Raspberry Acli-Mate Breakfast #4 Breakfast #4 Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Instant Oatmeal, Apples and Cinnamon—K | Instant Oatmeal Maple and Brown Sugar—K | |
| Lemonade Mix—K Breakfast #3 Teriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Cran-Raspberry Acli-Mate Breakfast #9 Cinnamon Raisin Bagel (Fresh) - K Crunchy Peanut Butter Bar—K Crunchy Peanut Butter Bar—K Crunchy Peanut Butter Bar—K Ginnamon Pop Tarts Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #6 Cran-Raspberry Acli-Mate Breakfast #6 Cinnamon Raisin Bagel (Fresh) - K Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Hot Chocolate Breakfast #5 Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Whole Berry Blast Meal Bar—GF/DF/Vegan | Banana Chips | |
| Breakfast #3 Teriyaki Beef Jerky Maple Flavored Turkey Sausage Breakfast Links—GF French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #10 Biscuits and Gravy Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Breakfast #9 Dause Alays | Cheez-its—K | Cashew Cookie Bar—K/GF/DF/SF/Vegan | |
| Breakfast #3 Teriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast #10 Breakfast #10 Biscuits and Gravy Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Brown Sugar Honey Sausage Breakfast Links—GF Brown Sugar Honey Oat Granola Dried Fruit Blend—K/PF Brown Sugar Honey Oat Granola Dried Fruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Prout and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Prout and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Fruit | Lemonade Mix—K | Strawberry Pop Tarts | |
| Teriyaki Beef Jerky French Vanilla Granola Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #6 Breakfast #7 Breakfast #7 Breakfast #8 | | Lemonade Mix—K | |
| Breakfast #10 Breakfast #10 Breakfast #10 Breakfast #10 Breakfast #10 Breakfast #3 Breakfast #4 Breakfast #5 Breakfast #5 Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Dried Pruit Blend—K/PF Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Cran-Raspberry Acli-Mate Breakfast #9 Cinnamon Raisin Bagel (Fresh) - K Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Hot Chocolate Breakfast #5 Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Breakfast M10 Breakfast Barana Chips | Breakfast #3 | Breakfast #8 | |
| Dried Fruit Blend—K/PF Fig Newtons—K Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast \$5 Breakfast \$5 Breakfast \$5 Breakfast \$6 Breakfast | Teriyaki Beef Jerky | Maple Flavored Turkey Sausage Breakfast Links—GF | |
| Fruit and Nut Trail Mix Bar Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #10 Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Fruit and Nut Trail Mix Bar Cran-Raspberry Acli-Mate Acli-Mate Breakfast #9 Cinnamon Raisin Bagel (Fresh) - K Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Fig Newtons—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | French Vanilla Granola | Brown Sugar Honey Oat Granola | |
| Cranberry Pomegranate Bar Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast \$Skillet Entree Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Breakfast Skillet Entree Cran-Raspberry Acli-Mate Acli-Mate Sereakfast #9 Cinnamon Raisin Bagel (Fresh) - K Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Fig Newtons—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Dried Fruit Blend—K/PF | Dried Fruit Blend—K/PF | |
| ### Breakfast #4 Breakfast #9 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast \$5 Breakfast \$5 Breakfast \$5 Breakfast \$6 | Fig Newtons—K | Fruit and Nut Trail Mix Bar | |
| Breakfast #4 Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #5 Breakfast #5 Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Breakfast Sweet N Hot Beef Jerky Kool Aid—Cherry—K Breakfast #9 Cinnamon Raisin Bagel (Fresh) - K Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Fig Newtons—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Cranberry Pomegranate Bar | Cran-Raspberry Acli-Mate | |
| Turkey Deli Bites—GF Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Cinnamon Raisin Bagel (Fresh) - K Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Fig Newtons—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Dried Pineapple Chunks Sweet N Hot Beef Jerky Banana Chips | Hydration Mix w/ Lemons & Limes—GF/K/DF/Vegan | | |
| Caramel Energy Waffle—K Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Chocolate Hazelnut Butter—GF/Vegan/K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Fig Newtons—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Breakfast #4 | Breakfast #9 | |
| Crunchy Peanut Butter Bar—K Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Honey Peppered Turkey Stick—GF Strawberry Energy Waffle—K Fig Newtons—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Turkey Deli Bites—GF | Cinnamon Raisin Bagel (Fresh) - K | |
| Cinnamon Pop Tarts Hot Chocolate Breakfast #5 Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Strawberry Energy Waffle—K Fig Newtons—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Caramel Energy Waffle—K | Chocolate Hazelnut Butter—GF/Vegan/K | |
| Hot Chocolate Breakfast #5 Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Fig Newtons—K Hot Chocolate Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Crunchy Peanut Butter Bar—K | Honey Peppered Turkey Stick—GF | |
| Breakfast #5 Breakfast \$\frac{\pmathrm{\text{#10}}}{\text{Breakfast \$\frac{\pmathrm{\text{Fitter}}{\text{Pineapple Chunks}}} \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ | Cinnamon Pop Tarts | Strawberry Energy Waffle—K | |
| Breakfast #5 Breakfast #10 Biscuits and Gravy Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Breakfast #10 Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Hot Chocolate | Fig Newtons—K | |
| Breakfast Skillet Entree Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Biscuits and Gravy Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | | Hot Chocolate | |
| Double Chocolate Oatmeal Bar—K Dried Pineapple Chunks Kool Aid—Cherry—K Oats 'n Honey Bar—K Sweet N Hot Beef Jerky Banana Chips | Breakfast #5 | Breakfast #10 | |
| Dried Pineapple Chunks Kool Aid—Cherry—K Sweet N Hot Beef Jerky Banana Chips | Breakfast Skillet Entree | Biscuits and Gravy | |
| Kool Aid—Cherry—K Banana Chips | Double Chocolate Oatmeal Bar—K | Oats 'n Honey Bar—K | |
| | Dried Pineapple Chunks | Sweet N Hot Beef Jerky | |
| Kool Aid Charay V | Kool Aid—Cherry—K | Banana Chips | |
| ROUI AIU—CHELLY—K | | Kool Aid—Cherry—K | |

"K" Kosher

"GF" Gluten Free

"PF" Peanut Free

"TNF" Tree Nut Free

"DF" Dairy Free

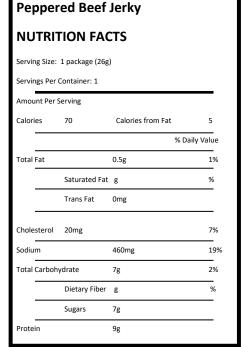
Peppered Beef Jerky—Jack Link's, (1 package per camper)

Ingredients: Beef, Water, Sugar, Brown Sugar, Contains 2% or Less of: Salt, Black Pepper, Flavors, Beef Stock, Soy Sauce (Wheat, Soybeans, Salt), Maltodextrin, Yeast Extract, Hydrolyzed Corn Protein, Citric

Acid, Pineapple Powder.

CONTAINS: WHEAT AND SOY

Link Snack's Inc., jacklinks.com, 715-466-6608



• Butterscotch Oatmeal Bar—General Mills, (1 package per camper)

Ingredients: Whole Grain Oats, Whole Wheat Flour, Sugar, Corn Syrup, Canola Oil, Caramel Flavored Chips (Sugar, Palm Kernel and Palm Oils, Reduced Minerals, Whey, Soy Lecithin, Color (Caramel Color, Vegetable Juice, Annatto Extract), Nonfat Milk Solids, Salt, Natural Flavor), Vegetable Glycerin. Contains 2% or less of: Enzyme Modified Butter, Molasses, Semisweet Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Natural Flavor), Baking Soda, Salt, Natural Flavor, Dried Egg White, Annatto Extract Added for Color.

CONTAINS: WHEAT, MILK, SOY AND EGG INGREDIENTS

General Mills Sales, Inc., 1-800-767-5404, ask.generalmills.com

Butterscotch Oatmeal Bar NUTRITION FACTS Serving Size: 1 bar (35g) Servings Per Container: 1 Amount Per Serving Calories 150 Calories from Fat 45 % Daily Value Total Fat 7% 6% Saturated Fat 1g Cholesterol % Sodium 110mg 4% Total Carbohydrate 8% Dietary Fiber 2g 7% Sugars 9g Protein 2g

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• Peanut Butter and Jelly Larabar—Larabar/Small Planet Foods/General Mills, (1 package per camper)

Ingredients: Dates, Peanuts, Un-sweetened Cherries, Sea Salt.

GLUTEN FREE, DAIRY FREE, SOY FREE, NON-GMO, VEGAN, KOSHER

Small Planet Foods Inc, 1-800-543-2147, larabar.com

| Peanut Butter and Jelly Bar | | | | |
|-----------------------------|---------------|-------------------|---------------|--|
| NUTRI | TION FAC | CTS | | |
| Serving Size: | 1 bar (48g) | | | |
| Servings Per | Container: 1 | | | |
| Amount Per | Serving | | | |
| Calories | 210 | Calories from Fat | | |
| | | 9 | % Daily Value | |
| Total Fat | | 10g | 13% | |
| | Saturated Fat | 2g | 10% | |
| | Trans Fat | 0mg | | |
| Cholesterol | mg | | % | |
| Sodium | | 65mg | 3% | |
| Total Carboh | nydrate | 25g | 9% | |
| | Dietary Fiber | 4g | 16% | |
| | Sugars | 18g | | |
| Protein | | 6g | | |

Animal Crackers—Nabisco/Mondelez, (1 package per camper)

Ingredients: Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 (Thiamin Mononitrate), Vitamin B2 (Riboflavin), Folic Acid), Sugar, Canola Oil, Corn Syrup, Salt, Baking Soda, Cornstarch, Wheat Starch, Soy Lecithin, Natural Flavor.

CONTAINS: WHEAT and SOY

Mondelez Global LLC, 1-800-622-4726, snackworks.com

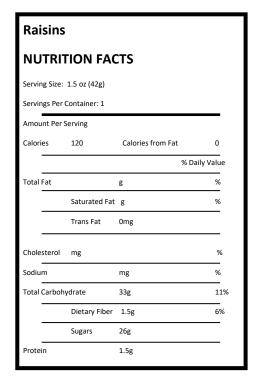
| Animal Crackers NUTRITION FACTS | | | | |
|----------------------------------|---------------|-------------------|------------|--|
| | | | | |
| Servings Per | Container: 1 | | | |
| Amount Per | Serving | | | |
| Calories | 130 | Calories from Fat | 35 | |
| | | % Da | aily Value | |
| Total Fat | | 4g | 69 | |
| | Saturated Fat | Og | % | |
| | Trans Fat | 0mg | | |
| Cholesterol | 0mg | | % | |
| Sodium | | 135mg | 69 | |
| Total Carboh | ydrate | 21g | 79 | |
| | Dietary Fiber | Og | 5% | |
| | Sugars | 6g | | |
| Protein | | 2g | | |

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• Raisins—Bountiful Harvest., (1 package per camper)

Ingredients: Raisins (Raisins coated with Vegetable Oil).

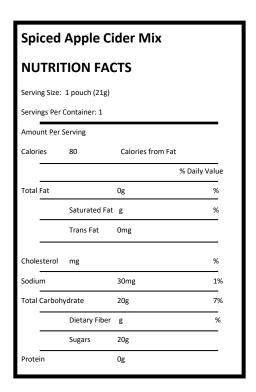
May contain peanuts, tree nuts, wheat, soy, milk, eggs and stem fragments.



Spiced Apple Cider Mix—Continental Mills, (1 package per camper)

Ingredients: Sugar, Malic Acid, Maltodextrin, Tricalcium Phosphate (prevents caking), Apple Juice Solids, Caramel Color, Sodium Citrate (controls acidity), Ascorbic Acid, Natural and Artificial Flavors, Spice Extractive.

Continental Mills, INC. 800.426.0955



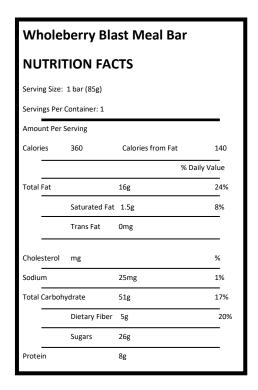
Wholeberry Blast Meal Bar—Pro Bar, (1 package per camper)

Ingredients: Brown Rice Syrup, Oats, Dates, Sunflower Seeds, Cashew Butter (Cashews, Sunflower Oil), Almond Butter (Almonds), Cashews, Raisins, Flax Seeds, Sesame Seeds, Almonds, Crisp Brown Rice, Cane Sugar, Apple Juice Concentrate, Blueberries, Blueberry Puree, Strawberries, Expeller Pressed Canola Oil, Cane Sugar, Vegetable Glycerin, Dried Pineapple, Rice Syrup, Unsweetend Chocolate, Oat Flour, Pumpkin Seed, Molasses, Natural Flavors, Non-Dairy Cocoa Butter, Sunflower Oil, Citric Acid, Salt.

CONTAINS: ALMONDS, CASHEWS.

Natural ingredients may contain pit pieces, nut shells and other organic matter.

PROBAR LLC, theprobar.com, 800.921.2294



• Honey Peppered Beef Sticks—Highland Beef Farms, (1 package per camper)

Ingredients: Beef, Honey, Contains 2% or less of: Spices, Corn Syrup Solids, Water, Dextrose, Salt, Natural Flavoring, Lactic Acid Starter Culture, Sodium Erythorbate (Made from Sugar), Sodium Nitrite.

GLUTEN FREE. NO MSG

Highland Beef Farms, highlandbeeffarms.com, 703.435.2497 or 800.869.6320

Honey Peppered Beef Sticks NUTRITION FACTS Serving Size: 2 sticks (28g) Servings Per Container: 1 Amount Per Serving Calories 60 Calories from Fat 20 % Daily Value Total Fat 2g 3% Saturated Fat 0.5g 3% Trans Fat Cholesterol 7% Sodium 200mg 8% Total Carbohydrate 3g 1% Dietary Fiber % Sugars 2g Protein 8g

• Apples and Cinnamon Instant Oatmeal—Malt O Meal, (1 package per camper)

Ingredients: Whole Grain Rolled Oats, Sugar, Dried Apple Pieces (Treated with Sodium Sulfite to promote color retention), Salt, Cinnamon, Calcium Carbonate, Guar Gum, Natural Flavors, Citric Acid, Niacin (Niacinamide), Vitamin A Palmitate, Reduced Iron, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Mononitrate), Folate (Folic Acid).

Malt O Meal Co,

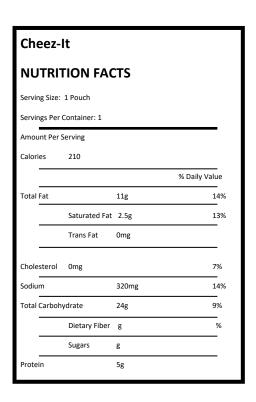
| Apples & Cinnamon Oatmeal | | | | |
|---------------------------|----------------|-------------------|-------------|--|
| NUTRI | TION FAC | CTS | | |
| Serving Size: | 1 packet (35g) | | | |
| Servings Per | Container: 1 | | | |
| Amount Per | Serving | | | |
| Calories | 130 | Calories from Fat | 15 | |
| | | % [| Daily Value | |
| Total Fat | | 1.5g | 2% | |
| | Saturated Fat | g | % | |
| | Trans Fat | 0mg | | |
| Cholesterol | mg | | % | |
| Sodium | | 170mg | 7% | |
| Total Carboh | ydrate | 27g | 9% | |
| | Dietary Fiber | 3g | 12% | |
| | Sugars | 11g | | |
| Protein | | 3g | | |

Cheez It Crackers—Kelloggs, (1 package per camper)

Ingredients: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 (Thiamin Mononitrate), Vitamin B2 (Riboflavin), Folic Acid), Vegetable Oil (Soybean Palm Oil with TBHQ for Freshness), Cheese made with Skim Milk (Skim Milk, Whey Protein, Salt, Cheese Cultures, Enzymes, Annatto Extract Color). Contains 2% or less of: Salt, Paprika, Yeast, Paprika Extract Color, Soy Lecithin.

CONTAINS: WHEAT, MILK AND SOY INGREDIENTS

Kellogg NA Co., cheez-it.com, 1-877-453-5837



• Country Time Lemonade On-The-Go—KraftHeinz, (1 package per camper)

Ingredients: Sugar, Citric Acid (Provides Tartness), Contains 2% or Less of: Ascorbic Acid (Vitamin C), Natural Flavor, Soy Lecithin, Sodium Citrate (Controls Acidity), Magnesium Oxide (Prevents Caking), Sucralose (Sweetener), Calcium Fumarate, Artificial Color, Yellow 5 Lake, Tocopherol (Preserves Freshness).

CONTAINS: SOY

kraftfoodservice.com

| Lemonade | | | | |
|---------------|-----------------|-------------------|---------------|--|
| NUTRI | TION FAC | CTS | | |
| Serving Size: | 1/2 packet (10g | g) | | |
| Servings Per | Container: 2 | | | |
| Amount Per | Serving | | | |
| Calories | 35 | Calories from Fat | : | |
| | | | % Daily Value | |
| Total Fat | | g | % | |
| | Saturated Fat | g | % | |
| | Trans Fat | 0mg | | |
| Cholesterol | 0mg | | 0% | |
| Sodium | | 10mg | 0% | |
| Total Carboh | ydrate | 9g | 3% | |
| | Dietary Fiber | g | % | |
| | Sugars | 9g | | |
| Protein | | g | | |

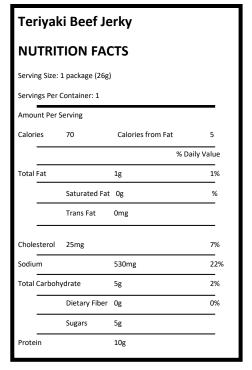
• Teriyaki Beef Jerky—Jack Link's, (1 package per camper)

Ingredients: Beef, Water, Brown Sugar, Soy Sauce (Water, Wheat, Soybeans, Salt), Contains Less than 2% or Less of: Salt,

Beef Stock, Flavors, Pineapple Powder.

CONTAINS: WHEAT AND SOY

Link Snack's Inc., jacklinks.com, 715-466-6608



Cranberry and Pomegranate Trail Mix Granola Bar—Nature Valley, (1 package per camper)

Ingredients: Whole Grain Oats, Corn Syrup, Sugar, Rice Flour, Almonds, Dried Cranberries, Fructose, Vegetable Glycerin, Canola Oil, Corn Starch, Dried Pomegranate, Soy Lecithin, Salt, Barley Malt Extract, Baking Soda, Natural Flavor, Mixed Tocopherols Added to Retain Freshness.

CONTAINS: ALMOND, SOY; May contain Peanut and Sunflower Ingredients

General Mills Sales, Inc., ask.generalmills.com, 1-800-248-7310

| Cranberry Pomegranate Bar | | | |
|---------------------------|---------------|-------------------|-------------|
| NUTRI | TION FAC | CTS | |
| Serving Size: | 1 bar (32g) | | |
| Servings Per | Container: 1 | | |
| Amount Per | Serving | | |
| Calories | 130 | Calories from Fat | 25 |
| | | % [| Daily Value |
| Total Fat | | 2.5g | 4% |
| | Saturated Fat | Og | % |
| | Trans Fat | Omg | |
| Cholesterol | 0mg | | 0% |
| Sodium | | 70mg | 3% |
| Total Carboh | ydrate | 24g | 8% |
| | Dietary Fiber | 1g | 4% |
| | Sugars | 6g | |
| Protein | | 2g | |

French Vanilla Granola—Katadyn North America Foods, (1 package per camper)

Ingredients: Whole Grain Rolled Oats, Sugar, Rice Crisps, Honey, Canola Oil, Sea Salt, Vanilla & Mixed Tocopherols (Vitamin E).

CONTAINS: WHEAT

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, tree nuts and wheat.

KNA Foods, 1.800.322.6325 alpineaire.com

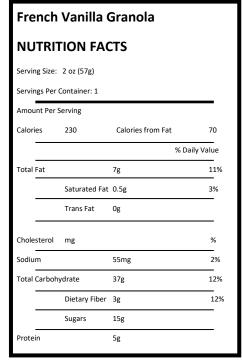
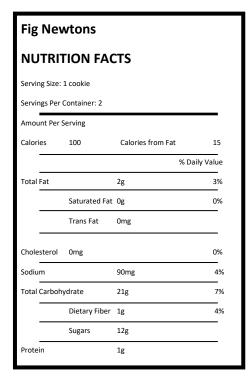


Fig Newtons—Nabisco/Mondelez, (1 package per camper)

Ingredients: Figs, Whole Grain Wheat Flour, Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Corn Syrup, Invert Sugar, Canola Oil, Palm Oil, Salt, Baking Soda, Calcium Lactate, Malic Acid, Soy Lecithin, Sodium Benzoate and Sulfur Dioxide (Sulfites) Added to Preserve Freshness, Natural Flavor, Artificial Flavor.

CONTAINS: WHEAT, SOY.

Mondelez Global LLC, snackworks.com, 1-800-622-4726

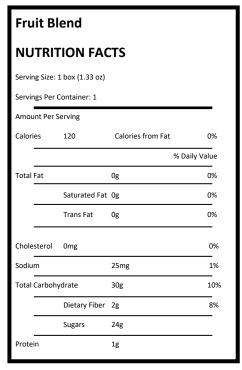


• Dried Fruit Blend, Prize Brand, National Food Group, Inc. (1 package per camper)

Ingredients: Dried Pineapple, Raisins, Golden Raisins, Dried Cranberries, Dried Apples, Sugar, Citric Acid, Sulfur Dioxide for Color Retention.

May contain occasional pit or stem fragment. Peanut Free

Chooljian Packing/Cal-Tropic Producers, Inc, 559.233.7249 x 210

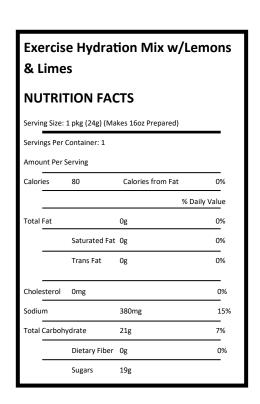


Exercise Hydration Mix with Lemons & Limes, Skratch Labs LLC, (1 package per camper)

Ingredients: Cane Sugar, Dextrose, Sodium Citrate, Citric Acid, Magnesium Lactate, Calcium Citrate, Lemon Oil, Lime Oil, Lemon Juice, Lime Juice, Ascorbic Acid (Vitamin C)

Non-GMO, Gluten Free, Dairy Free, Vegan, Kosher, Delicious

Skratch Labs LLC, skratchlabs.com, 1-800-735-8904



• Honey Pepper Turkey Deli Bites—Highland Beef Farms., (1 package shared between 2 campers)

Ingredients: Turkey, Mechanically Separated Turkey, Honey, Contains 2% Or Less Of: Salt, Corn Syrup Solids, Spices, Dextrose, Lactic Acid Starter Culture, Carrageenan, Sodium Erythorbate (Made From Sugar), Garlic Powder, Sodium Nitrite, In Collagen

Casing.

GLUTEN FREE

Highland Beef Farms, highlandbeeffarms.com, 703.435.2497 or 800.869.6320

Turkey Deli Bites NUTRITION FACTS Serving Size: 6 pieces (30g) Servings Per Container: 4 Amount Per Serving Calories from Fat % Daily Value Total Fat 4.5g 7% Saturated Fat 1.5g 8% Trans Fat 0mg Cholesterol 7% 20mg Sodium 290mg 12% Total Carbohydrate 2g 1% 0g 0% Sugars Protein

Frosted Cinnamon Pop Tarts—Kellogg's, (1 package per camper)

Ingredients: Whole Wheat Flour, Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 (Thiamin Mononitrate), Vitamin B2 (Riboflavin), Folic Acid, Corn Syrup, Dextrose, Soybean and Palm Oil, Bleached White Flour, Polydextrose, Glycerin, Contains 2% or less of: Maltodextrin, Molasses, Calcium Carbonate, Salt, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Wheat Starch, Cinnamon, Sodium Stearoyl Lactylate, DATEM, Gelatin, Xanthan Gum, Vitamin A Palmitate, Niacinamide, Reduced Iron, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Hydrochloride), Soy Lecithin.

CONTAINS: WHEAT AND SOY INGREDIENTS

Kellogg Sales Co, http://smartlabel.kelloggs.com/Product/Index/00038000311314, 1.800.962.1413

Cinnamon Pop Tarts NUTRITION FACTS Serving Size: 1 package (100g) Servings Per Container: 1 Amount Per Serving Calories Calories from Fat % Daily Value 6g Saturated Fat 2g 10% Trans Fat 0mg Cholesterol Omg 0% Sodium 400mg 17% Total Carbohydrate 25% Dietary Fiber 6g 23% Sugars 31g 5g

• Crunchy Peanut Butter Bar—Clif Bar, (1 package per camper)

Ingredients: Organic Brown Rice Syrup, Organic Rolled Oats, Organic Cane Syrup, Organic Peanut Butter, Organic Roasted Soybeans, Soy Protein Isolate, Peanuts, Peanut Flour, Rice Flour, Organic Soy Flour, Organic Oat Fiber, Natural Flavors, Sea Salt, Barley Malt Extract. **Vitamins and Minerals:** Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid (Vit C), DL-Alpha Tocopheryl Acetate (Vit E), Beta Carotene (Vit A), Niacinamide (Vit B3), Ergocalciferol (Vit D2), Thiamine Mononitrate (Vit B1), Pyridoxine Hydrochloride (Vit B6), Riboflavin (Vit B2), Cyanocobalamin (Vit B12).

CONTAINS: SOY AND PEANUTS. May contain wheat, milk, and tree nuts

Clif Bar and Company, 1-800-254-3227, clifbar.com

| Crunchy Peanut Butter Bar | | | | |
|---------------------------|---------------|-------------------|-------------|--|
| NUTRI | TION FAC | CTS | | |
| Serving Size: | 1 bar (68g) | | | |
| Servings Per | Container: 1 | | | |
| Amount Per | Serving | | | |
| Calories | 260 | Calories from Fat | 60 | |
| | | % | Daily Value | |
| Total Fat | | 7g | 11% | |
| | Saturated Fat | 1g | 4% | |
| | Trans Fat | 0mg | | |
| Cholesterol | 0mg | | 0% | |
| Sodium | | 230mg | 10% | |
| Total Carboh | ydrate | 40g | 13% | |
| | Dietary Fiber | 3g | 6% | |
| | Sugars | 19g | | |
| Protein | | 11g | | |

• Caramel Waffle—En R G Foods, (1 package per camper)

Ingredients: Organic Wheat Flour, Organic Palm Fruit Oil, Organic Rice Syrup, Organic Cane Sugar, Organic Honey, Organic Whole Wheat Flour, Organic Soy Flour, Sea Salt, Natural Flavor, Soy Lecithin, Organic Spices, Baking Soda.

CONTAINS: WHEAT AND SOY. May contain Egg and Milk.

EN-R-G Foods, LLC. Honeystinger.com, 1-866-464-6639

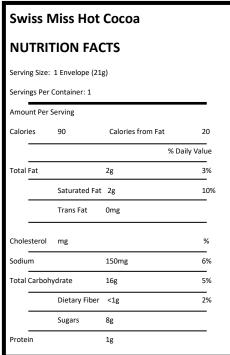
Caramel Waffle NUTRITION FACTS Serving Size: 1 (30g) Servings Per Container: 1 Amount Per Serving Calories Calories from Fat 70 % Daily Value Total Fat 11% 7g Saturated Fat 3g 15% Trans Fat Cholesterol mg Sodium 60mg 2% Total Carbohydrate 21g 7% Dietary Fiber 1g 5% Sugars 11g

• Swiss Miss Hot Cocoa Mix— Con Agra Foods, (1 package per camper)

Ingredients: Sugar, Corn Syrup, Modified Whey, Cocoa (Processed with Alkali), Hydrogenated Coconut Oil, Nonfat Milk, Calcium Carbonate, Less than 2% of: Salt, Dipotassium Phosphate, Mono and Diglycerides, Carrageenan, Acesulfame Potassium, Sucralose, Artificial Flavor.

CONTAINS: MILK

Con Agra Foods, 1-800-457-6649, swissmiss.com

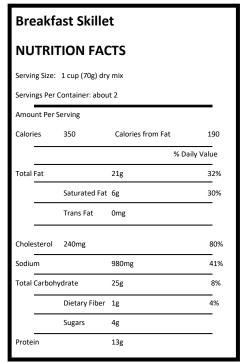


• Breakfast Skillet Entree—Mountain House, (1 package shared between 2 campers)

Ingredients: Hashbrowns: Potato, Vegetable Oil (may contain: canola, sunflower, cottonseed, palm, corn, soybean, hydrogenated soybean, hydrogenated cottonseed oils), Salt, Dehydrated Potato, Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Potassium Sorbate (to maintain freshness), Natural Flavoring, Sodium Acid Pyrophosphate (color retention), Dextrose. Precooked Eggs: Whole Egg (Glucose removed for stability), Egg Yolk, Nonfat Dry Milk, Modified Corn Starch, Corn Oil, Salt, Yeast Extract, Sunflower Oil, Smoke Flavor, Xanthan Gum. Pork Sausage: Sausage (Pork, Salt, Spice, Sugar), Textured Vegetable Protein (Soy Flour, Salt). Red and Green Bell Pepper, Dehydrated Onion

CONTAINS: Egg, Milk, Wheat, Soy

OFD Foods Inc., 877-366-3877, mountainhouse.com



Double Chocolate Oatmeal Bar—General Mills, (1 package per camper)

Ingredients: Whole Grain Oats, Whole Wheat Flour, Canola Oil, Corn Syrup, Fructose, Sugar, Semisweet Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Natural Flavor), Vegetable Glycerin, Dutch Cocoa (Processed with Alkali), Chicory Root Extract. Contains 2% or less of: Baking Soda, Water, Salt, Natural Flavor, Dried Egg Yolk.

CONTAINS: WHEAT, SOY AND EGG INGREDIENTS. May contain Milk Ingredients.

General Mills Sales, Inc., ask.generalmills.com, 1-800-767-5404

| Chocolate Oatmeal Bar | | | | |
|-----------------------|---------------|-------------------|---------------|--|
| NUTRI | TION FAC | CTS | | |
| Serving Size: | 1 bar (35g) | | | |
| Servings Per | Container: 1 | | | |
| Amount Per | Serving | | | |
| Calories | 150 | Calories from Fat | 45 | |
| | | | % Daily Value | |
| Total Fat | | 5g | 7% | |
| | Saturated Fat | 1g | 6% | |
| | Trans Fat | Og | | |
| Cholesterol | 0mg | | 0% | |
| Sodium | | 115mg | 5% | |
| Total Carboh | ydrate | 24g | 8% | |
| | Dietary Fiber | 3g | 10% | |
| | Sugars | 9g | | |
| Protein | | 2g | | |

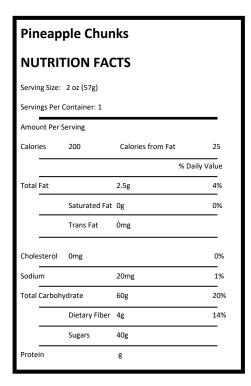
• Pineapple Chunks—Katadyn North American Foods, (1 package per camper)

Ingredients: Dehydrated Pineapple Chunks.

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, tree nuts and wheat.

KNA Foods, 1.800.322.6325

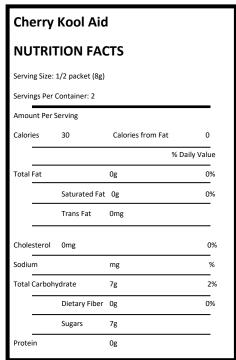
alpineaire.com



Cherry Kool Aid Singles—KraftHeinz, (1 package per camper)

Ingredients: Sugar, Fructose, Citric Acid (Provides Tartness), Contains Less than 2% of Ascorbic Acid (Vit C), Artificial Flavor, Acesulfame Potassium and Sucralose (Sweeteners), Calcium Phosphate (Prevents Caking), Artificial Color, Red 40.

kraftfoodservice.com



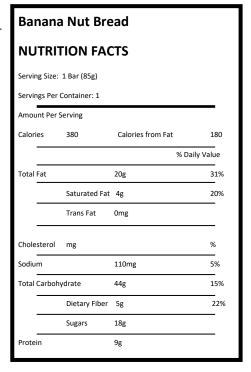
• Banana Nut Bread Bar—ProBar, (1 package per camper)

Ingredients: Tapioca Syrup, Oats, Cashew Butter (Cashews, Safflower Oil or Sunflower Oil), Dates, Sunflower Seeds, Sesame Seeds, Banana Chips (Bananas, Coconut Oil, Cane Sugar), Walnuts, Flax Seed, Cashews, Cane Sugar, Crisp Brown Rice (Brown Rice, Cane Sugar, Sea Salt), Expeller Pressed Canola Oil, Glycerin, Coconut, Banana Powder, Rice Syrup, Pumpkin Seeds, Oat Flour, Salt, Natural Flavorings, Molasses.

CONTAINS: CASHEWS, WALNUTS, COCONUT

Natural Ingredients may contain pit pieces, nutshells, and other organic matter.

PROBAR LLC, theprobar.com, 800.921.2294

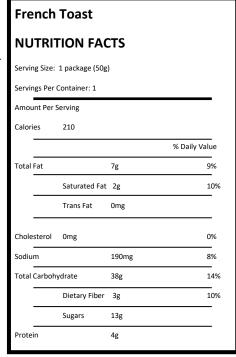


• Crunch Mania French Toast—Kellogg's, (1 package per camper)

Ingredients: Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vit B1), Riboflavin (Vit B2), Folic Acid), Sugar, Soybean and Palm Oil, Molasses, Contains 2% or less of: Salt, Dextrose, Natural Flavor (Contains Milk), Baking Soda, Cinnamon, Soy Lecithin, Rosemary Extract for Freshness.

CONTAINS: WHEAT, MILK, AND SOY INGREDIENTS.

Kellogg's Sales Co., 1-800-962-1413, kelloggs.com

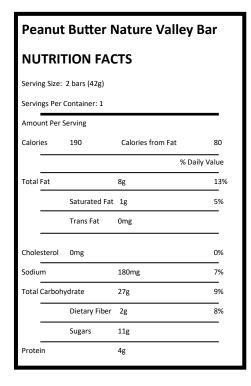


 Nature Valley Crunchy Peanut Butter Granola Bar—General Mills, (1 package per camper)

Ingredients: Whole Grain Oats, Sugar, Canola Oil, Peanut Butter (Peanuts, Salt), Rice Flour, Brown Sugar Syrup, Salt, Soy Lecithin, Baking Soda.

CONTAINS: PEANUT, SOY; MAY CONTAIN ALMOND AND PECAN INGREDIENTS.

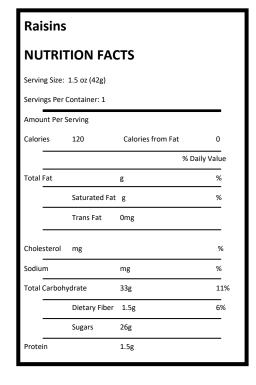
General Mills, Inc., ask.generalmills.com, 1-800-248-7310



• Raisins—Bountiful Harvest, (1 package per camper)

Ingredients: Raisins (Raisins coated with Vegetable Oil).

May contain peanuts, tree nuts, wheat, soy, milk, eggs and stem fragments.



• Spiced Apple Cider Mix—Continental Mills, (1 package per camper)

Ingredients: Sugar, Malic Acid, Maltodextrin, Tricalcium Phosphate (prevents caking), Apple Juice Solids, Caramel Color, Sodium Citrate (controls acidity), Ascorbic Acid, Natural and Artificial Flavors, Spice Extractive.

Continental Mills, INC. 800.426.0955

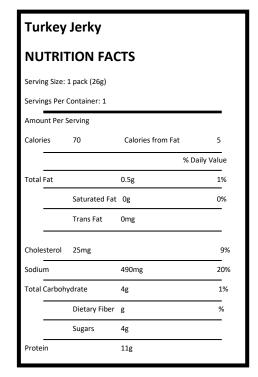
Spiced Apple Cider Mix NUTRITION FACTS Serving Size: 1 pouch (21g) Servings Per Container: 1 Amount Per Serving 80 Calories from Fat Calories % Daily Value Total Fat % Saturated Fat g % Trans Fat Cholesterol mg % Sodium 30mg 1% Total Carbohydrate 7% % Dietary Fiber g Sugars 20g Protein

• Turkey Jerky—Jack Link's, (1 package per camper)

Ingredients: Turkey Breast, Water, Sugar, Sea Salt, Contains Less than 2%: Sea Salt, Brown Sugar, Refiners Syrup, Flavors, Hydrolyzed Corn Protein, Soy Sauce (Wheat, Soybeans, Salt), Turkey Flavor (Autolyzed Yeast Extract, Turkey Broth Powder, Natural Flavors, Salt), Molasses, Maltodextrin, Citric Acid.

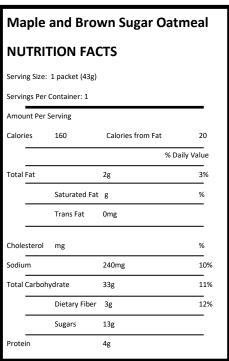
CONTAINS: WHEAT AND SOY

Link Snack's Inc., jacklinks.com, 715-466-6608



Maple and Brown Sugar Instant Oatmeal—Malt O Meal, (1 package per camper)

Ingredients: Whole Grain Rolled Oats, Sugar, Salt, Natural Flavors, Calcium Carbonate, Guar Gum, Caramel Color, Niacin (Niacinamide), Vitamin A Palmitate, Reduced Iron, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Mononitrate), Folate (Folic Acid).



• Frosted Strawberry Pop Tarts—Kellogg's, (1 package per camper)

Ingredients: Whole Wheat Flour, Sugar, Corn Syrup, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 (Thiamin Mononitrate), Vitamin B2 (Riboflavin), Folic Acid), Dextrose, Soybean and Palm Oil, Bleached Wheat Flour, Polydextrose, Glycerin, Fructose, Contains 2% or less of: Wheat Starch, Salt, Dried Strawberries, Dried Pears, Dried Apples, Calcium Carbonate, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Sodium Stearoyl Lactylate, Citric Acid, Modified Wheat Starch, DATEM, Cornstarch, Gelatin, Xathan Gum, Brown Rice Syrup, Vegetable Juice Concentrate for Color, Beet Juice for Color, Paprika Extract Color, Annato Color, Vitamin A Palmitate, Niacinamide, Reduced Iron, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Hydrochloride), Soy Lecithin.

CONTAINS: WHEAT AND SOY INGREDIENTS

Kellogg Sales Co, http://smartlabel.kelloggs.com/Product/Index/00038000551369, 1.800.962.1413

| Strawberry Pop Tarts | | | | |
|----------------------|----------------|-------------------|---------------|--|
| NUTRI | TION FAC | CTS | | |
| Serving Size: | 1 package (100 | g) | | |
| Servings Per | Container: 1 | | | |
| Amount Per S | Serving | | | |
| Calories | 360 | Calories from Fat | 50 | |
| | | | % Daily Value | |
| Total Fat | | 5g | 8% | |
| | Saturated Fat | 2g | 10% | |
| | Trans Fat | 0mg | | |
| Cholesterol | mg | | % | |
| Sodium | | 370mg | 15% | |
| Total Carboh | ydrate | 76g | 25% | |
| | Dietary Fiber | 6g | 22% | |
| | Sugars | 30g | | |
| Protein | | 4g | | |

• Cashew Cookie Bar—Larabar/Small Planet Foods, (1 package per camper)

Ingredients: Cashews, Dates.

GLUTEN FREE, DAIRY FREE, SOY FREE, VEGAN, KOSHER

Small Planet Foods LLC, 1-800-543-2147, larabar.com

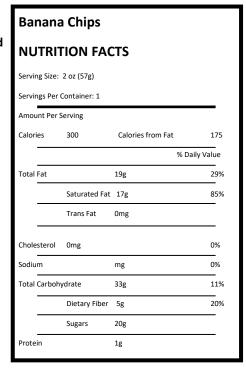
| Cashev | v Cookie | Bar | |
|---------------|---------------|-------------------|---------------|
| NUTRI | TION FAC | CTS | |
| Serving Size: | 1 bar (48g) | | |
| Servings Per | Container: 1 | | |
| Amount Per | Serving | | |
| Calories | 220 | Calories from Fat | |
| | | 1 | % Daily Value |
| Total Fat | | 12g | 169 |
| | Saturated Fat | 2.5g | 129 |
| | Trans Fat | 0mg | |
| Cholesterol | mg | | % |
| Sodium | | 5mg | 0% |
| Total Carboh | ydrate | 25g | 9% |
| | Dietary Fiber | 2g | 9% |
| | Sugars | 15g | |
| Protein | | 5g | |

• Banana Chips—Katadyn North American Foods, (1 package per camper)

Ingredients: Bananas, Coconut Oil, Sugar, Natural Banana Flavor.

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, tree nuts and wheat.

KNA Foods, 1.800.322.6325, alpineaire.com

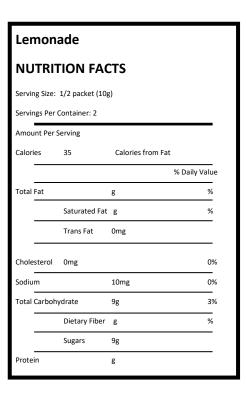


• Country Time Lemonade On-The-Go—KraftHeinz, (1 package per camper)

Ingredients: Sugar, Citric Acid (Provides Tartness), Contains 2% or Less of: Ascorbic Acid (Vitamin C), Natural Flavor, Soy Lecithin, Sodium Citrate (Controls Acidity), Magnesium Oxide (Prevents Caking), Sucralose (Sweetener), Calcium Fumarate, Artificial Color, Yellow 5 Lake, Tocopherol (Preserves Freshness).

CONTAINS: SOY

kraftfoodservice.com



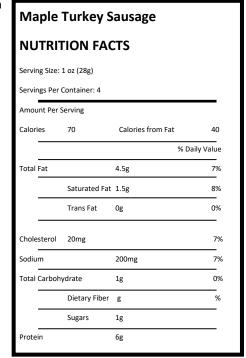
• Maple Flavored Turkey Sausage Breakfast Links—Highland Beef Farms, (1 package shared between 2 campers)

Ingredients: Turkey, Mechanically Separated Turkey, Maple And Brown Sugar, Contains 2% Or Less of: Salt, Lactic Acid

Starter Culture, Spices, Sugar, Soybean Oil, Silicon Dioxide, Sodium Nitrite in Collagen Casing.

GLUTEN FREE. NO MSG

Highland Beef Farms, highlandbeeffarms.com, 703.435.2497 or 800.869.6320

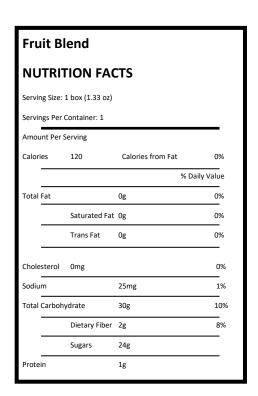


Dried Fruit Blend, Prize Brand, National Food Group, Inc. (1 package per camper)

Ingredients: Dried Pineapple, Raisins, Golden Raisins, Dried Cranberries, Dried Apples, Sugar, Citric Acid, Sulfur Dioxide for Color Retention.

May contain occasional pit or stem fragment. Peanut Free

Chooljian Packing/Cal-Tropic Producers, Inc, 559.233.7249 x 210



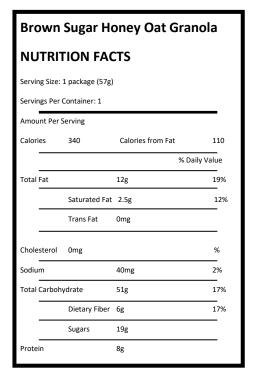
 Brown Sugar Honey Oat Granola—Katadyn North American Foods, (1 package per camper)

Ingredients: Whole Grain Rolled Oats, Brown Sugar, Crisp Rice, Expeller Pressed Canola Oil, Pure Honey, Unsulphered Molasses, Sea Salt, Pure Vanilla Extract and Vitamin E.

CONTAINS: WHEAT

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, tree nuts and wheat.

KNA Foods, 1.800.322.6325 alpineaire.com

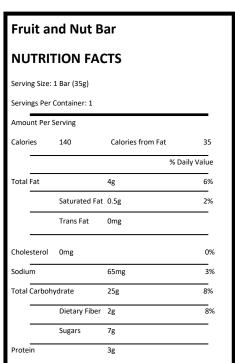


• Fruit and Nut Trail Mix Granola Bar—, Nature Valley, (1 package per camper)

Ingredients: Whole Grain Oats, Corn Syrup, Almonds, Raisins, Sugar, Roasted Peanuts, Rice Flour, Vegetable Glycerin, Cranberries, Canola Oil, Fructose, Corn Starch, Soy Lecithin, Salt, Barley Malt Extract, Baking Soda, Natural Flavor, Mixed Tocopherols Added to Preserve Freshness.

CONTAINS: ALMOND, PEANUT AND SOY. May contain sunflower ingredients

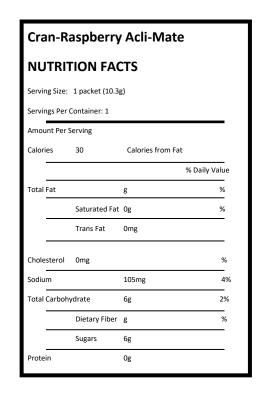
General Mills Sales, Inc., ask.generalmills.com, 1-800-248-7310



• Cran-Raspberry Mountain Sport Drink Altitude-Energy-Hydration—Acli-Mate, (1 package per camper)

Ingredients: Organic Cane Sugar, Citric Acid, Silicon Dioxide (Anti-Caking), Natural Raspberry Flavoring, Natural Cranberry Raspberry Flavoring, Vegetable Juice Color, Stevia Leaf Extract, Lo Han Fruit Extract.

Acli-Mate, acli-mate.com, 1-866-641-5361



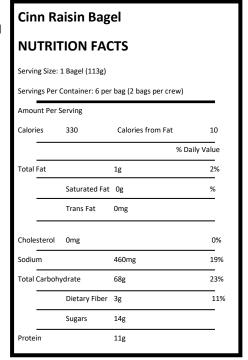
Cinnamon Raisin Swirl Thaw 'N' Serve Bagel—Sara Lee Bakery, (1 Bagel per Camper)

Fresh Handed out in packs of 6 at the commissaries.

Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Raisins, Contains 2% or less of each of the following: Salt, Yeast, Cinnamon, Wheat Gluten, Rice Flour, Calcium Propionate and Sodium Metabisulfite (Preservatives), Caramel Color, Dough Conditioners (May Contain One or

More of the Following: Mono– and Diglycerides, Ascorbic Acid, Enzymes, Potassium Iodate), Monocalcium Phosphate, Corn Starch, Partially Hydrogenated Vegetable Oil (Soybean and Cottonseed Oils), Soy Lecithin, Soy Flour.

CONTAINS: WHEAT AND SOY



• Honey Peppered Turkey Sticks—Highland Beef Farms, (1 package per camper)

Ingredients: Turkey, Honey, Contains 2% or less of: Corn Syrup Solids, Spices, Salt, Dextrose, Lactic Acid Starter Culture, Carrageenan, Sodium Erythorbate (Made from Sugar), Garlic Powder, Sodium Nitrite.

GLUTEN FREE. NO MSG

Highland Beef Farms, hbfpowersnacks.com, 703.435.2497 or 800.869.6320

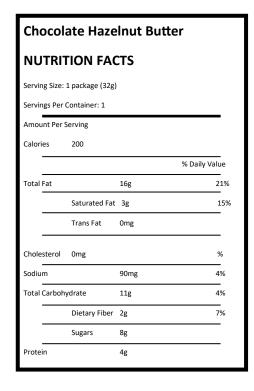
Honey Peppered Turkey Sticks NUTRITION FACTS Serving Size: 2 sticks (34g) Servings Per Container: 1 Amount Per Serving Calories Calories from Fat 15 % Daily Value Total Fat 1.5g 2% % Saturated Fat Og Trans Fat Cholesterol 25mg 8% Sodium 200mg 8% Total Carbohydrate 2% Dietary Fiber g % Sugars 4g Protein 8g

• Chocolate Hazelnut Butter Blend—Justin's, (1 package per camper)

Ingredients: Dry Roasted Hazelnuts, Dry Roasted Almonds, Organic Powdered Sugar (Organic Cane Sugar, Organic Tapioca Starch), Organic Cocoa Powder, Organic Cocoa Butter, Palm Oil, Sea Salt.

CONTAINS: Almonds and Hazelnuts. Contains trace amounts of peanuts, tree nuts and soy due to processing on shared equipment.

Justin's, justins.com, 1-844-448-0302

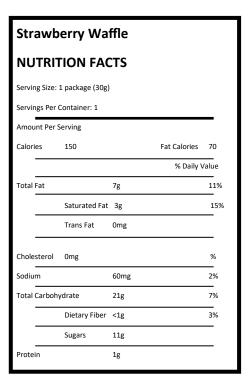


• Strawberry Waffle, Honey Stinger, En R G Foods (1 package per camper)

Ingredients: Organic Wheat Flour, Organic Palm Fruit Oil, Organic Rice Syrup, Organic Cane Sugar, Organic Whole Wheat Flour, Organic Soy Flour, Organic Honey, Sea Salt, Natural Flavor, Soy Lecithin, Organic Spices, Baking Soda.

CONTAINS: WHEAT, SOY. May contain Egg and Milk

En R G Foods, LLC, 1-866-464-6639, honeystinger.com



• Fig Newtons—Nabisco/Mondelez, (1 package per camper)

Ingredients: Figs, Whole Grain Wheat Flour, Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Corn Syrup, Invert Sugar, Canola Oil, Palm Oil, Salt, Baking Soda, Calcium Lactate, Malic Acid, Soy Lecithin, Sodium Benzoate and Sulfur Dioxide (Sulfites) Added to Preserve Freshness, Natural Flavor, Artificial Flavor.

CONTAINS: WHEAT, SOY.

Mondelez Global LLC, snackworks.com, 1-800-622-4726

| Fig Nev | wtons | | |
|---------------|---------------|-------------------|--------------|
| NUTRI | TION FAC | CTS | |
| Serving Size: | 1 cookie | | |
| Servings Per | Container: 2 | | |
| Amount Per | Serving | | |
| Calories | 100 | Calories from Fat | 15 |
| | | | % Daily Valu |
| Total Fat | | 2g | 39 |
| | Saturated Fat | Og | 09 |
| | Trans Fat | 0mg | |
| Cholesterol | 0mg | | 09 |
| Sodium | | 90mg | 4 |
| Total Carboh | ydrate | 21g | 7' |
| - | Dietary Fiber | 1g | 4 |
| | Sugars | 12g | |
| Protein | | 1g | |

• Swiss Miss Hot Cocoa Mix— Con Agra Foods, (1 package per camper)

Ingredients: Sugar, Corn Syrup, Modified Whey, Cocoa (Processed with Alkali), Hydrogenated Coconut Oil, Nonfat Milk, Calcium Carbonate, Less than 2% of: Salt, Dipotassium Phosphate, Mono and Diglycerides, Carrageenan, Acesulfame Potassium, Sucralose, Artificial Flavor.

CONTAINS: MILK

Con Agra Foods, 1-800-457-6649, swissmiss.com

| Swiss Miss Hot Cocoa | | | | |
|----------------------|----------------|-------------------|---------------|--|
| NUTRI | TION FAC | CTS | | |
| Serving Size: | 1 Envelope (21 | g) | | |
| Servings Per | Container: 1 | | | |
| Amount Per | Serving | | | |
| Calories | 90 | Calories from Fat | 20 | |
| | | | % Daily Value | |
| Total Fat | | 2g | 3% | |
| | Saturated Fat | 2g | 10% | |
| | Trans Fat | 0mg | | |
| Cholesterol | mg | | % | |
| Sodium | | 150mg | 6% | |
| Total Carboh | ydrate | 16g | 5% | |
| | Dietary Fiber | <1g | 2% | |
| | Sugars | 8g | | |
| Protein | | 1g | | |

• Biscuits and Gravy—Mountain House, (1 package shared between 2 campers)

Ingredients: **Buttermilk Biscuits:** Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Shortening (Palm Oil, Mono and Diglycerides, Polysorbate 60, Citric Acid), Buttermilk Solids, Sugar, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, Calcium Sulfate, Monocalcium Phosphate), Salt. **Pork Patty Crumbles:** Pork Sausage (Pork, Salt, Spice, Sugar), Textured Vegetable Protein (Soy Flour, Salt). **Gravy Mix:** Modified Corn Starch, Palm Oil, Buttermilk Powder, Nonfat Dry Milk, Corn Syrup Solids, Spice, Sugar, Yeast Extract, Salt, Sodium Caseinate, Disodium Inosinate and Guanylate, Dipotassium Phosphate.

CONTAINS: MILK, SOY, WHEAT

OFD Foods Inc., 877-366-3877, mountainhouse.com

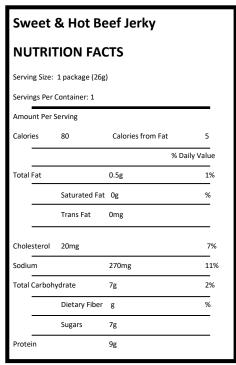
| Biscuit | iscuits and Gravy | | | | | | |
|-----------------|-------------------|-------------------|-------------|--|--|--|--|
| NUTRITION FACTS | | | | | | | |
| Serving Size | : 1 cup (65g) dry | mix | | | | | |
| Servings Per | r Container: abou | t 2 | | | | | |
| Amount Per | Serving | | | | | | |
| Calories | 310 | Calories from Fat | 130 | | | | |
| | | % | Daily Value | | | | |
| Total Fat | | 14g | 22% | | | | |
| | Saturated Fat | 6g | 30% | | | | |
| | Trans Fat | 0mg | | | | | |
| Cholesterol | 10mg | | 3% | | | | |
| Sodium | | 900mg | 38% | | | | |
| Total Carbo | hydrate | 36g | | | | | |
| | Dietary Fiber | 2g | 8% | | | | |
| _ | Sugars | 6g | | | | | |
| Protein | | 8g | | | | | |

Sweet & Hot Beef Jerky—Jack Link's, (1 package per camper)

Ingredients: Beef, Water, Sugar, Brown Sugar, Contains Less than 2% of Flavors, Salt, Beef Stock, Yeast Extract, Citric Acid, Pineapple Powder.

CONTAINS:

Link Snack's Inc., jacklinks.com, 715-466-6608

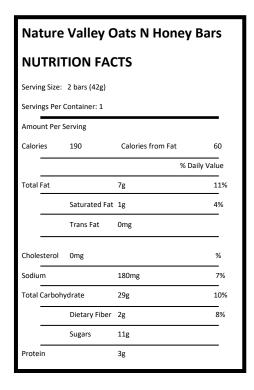


• Nature Valley Oats 'n Honey Granola Bars—General Mills, (1 package per camper)

Ingredients: Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor.

CONTAINS: SOY; MAY CONTAIN PEANUT, ALMOND AND PECAN INGREDIENTS.

General Mills, Inc., generalmills.com, 1-800-248-7310



Banana Chips—Katadyn North American Foods, (1 package per camper)

Ingredients: Bananas, Coconut Oil, Sugar, Natural Banana Flavor.

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, tree nuts and wheat.

KNA Foods, 1.800.322.6325, alpineaire.com

| Banana | a Chips | | |
|---------------|---------------|-------------------|-------------|
| NUTRI | TION FAC | CTS | |
| Serving Size: | 2 oz (57g) | | |
| Servings Per | Container: 1 | | |
| Amount Per | Serving | | |
| Calories | 300 | Calories from Fat | 175 |
| | | % [| Daily Value |
| Total Fat | | 19g | 29% |
| | Saturated Fat | 17g | 859 |
| | Trans Fat | 0mg | |
| Cholesterol | 0mg | | 0% |
| Sodium | | mg | 0% |
| Total Carboh | ydrate | 33g | 119 |
| | Dietary Fiber | 5g | 20% |
| | Sugars | 20g | |
| Protein | | 1g | |

• Cherry Kool Aid Singles—KraftHeinz, (1 package per camper)

Ingredients: Sugar, Fructose, Citric Acid (Provides Tartness), Contains Less than 2% of Ascorbic Acid (Vit C), Artificial Flavor, Acesulfame Potassium and Sucralose (Sweeteners), Calcium Phosphate (Prevents Caking), Artificial Color, Red 40.

KraftHeinz, 1-855-663-5387 or kraftfoodservice.com

