

19 February 2019

Dear Philmont camper -

We invite you to consider participating in a research study to understand the past experiences of people who may have had a concussion earlier in their lives.

I am a faculty member at the University of Kansas Medical Center, where I study brain health. Dr. Tanya Filardi and Dr. David Naylor are physicians at the University of Kansas Hospital who also coordinate and provide medical care at the Philmont Scout Ranch. We are interested in asking questions about past concussions to people other than the groups usually studied (typically members of sports team or their coaches). Visitors to Philmont have many different backgrounds, have broad life experiences, and come from many geographic regions. We believe the information you provide this summer will be important for addressing this health concern more effectively and from a unique perspective.

This short survey will take less than 5 minutes to complete. It asks whether you ever have had a concussion and what symptoms you experienced. If you receive services at the Health Lodge while at Philmont, you also may be asked to complete a second brief survey, asking what you know about concussion symptoms. **If you are younger than 18 years old, please have a parent or guardian read this letter and review the survey that comes along with it, then have them sign the first page of that survey. This will indicate they agree you may participate in this study when you complete this pre-arrival survey now and the Health Lodge survey later.**

You do not have to participate in these surveys at all, you can quit at any time, and you don't need to answer any questions you do not wish to answer. There are no right or wrong answers. Please just answer honestly and to the best of your ability. Even if you have never had a concussion your answers will be helpful to us!

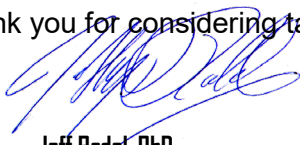
You may not benefit yourself by taking part in this study, but we hope the Philmont community and society in general will benefit by improving our understanding about concussions, and about whether having a history of concussion may factor into the Philmont experience.

Participation is voluntary, anonymous, and confidential. The survey results will be kept in secure locations at Philmont and the University of Kansas Medical Center. Although the results of this study may be presented at medical or scientific conferences or published in research journals, the survey is anonymous so your identity will not and cannot be disclosed publicly.

By completing these surveys you provide your consent to participate in the research. You do not need to be in this study, and a decision to take part or not to take part won't change your medical treatment or other activities at the Philmont Scout Ranch.

The research team will be happy to answer any questions you have about the study. You may contact me by telephone (913.588.7165, Central time zone) or email (jradel@kumc.edu) if you have study related questions or problems. If you have any questions about your rights as a research participant, or if you want to talk with someone who is not involved in the study, you may call the KU Medical Center's Human Subjects Committee at (913) 588-1240. You may also write the Human Subjects Committee at Mail Stop #1032, University of Kansas Medical Center, 3901 Rainbow Blvd., Kansas City, KS 66160.

Thank you for considering taking part in this important research!



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