Philmont Scout Ranch

2019 Dinner Trail Food Menu

Dinner #1	Dinner #6
Beef Stroganoff	Macaroni and Cheese
Pretzel Pieces	Cajun Trail Mix—K
Nut and Chocolate Trail Mix—K	Cheddar Cheese Bread Pieces
Teddy Grahams	Chips Ahoy Cookies—K
Dinner #2	Dinner #7
Santa Fe Style Rice and Beans with Chicken	Chicken and Rice
Honey Mustard and Onion Bread Pieces	Hot Buffalo Wings Bread Pieces
Honey Roasted Peanuts—K	Honey Roasted Peanuts—K
Marshmallow Squares—GF	Marshmallow Squares—GF
Dinner #3	Dinner #8
Fettuccini Primavera	Spaghetti with Meat Sauce
Salted Peanuts—K	Pepperoni Pizza Baked Crackers
Mini Sandies Cookies—K	Oreos—K
Dinner #4	Dinner #9
Four Cheese Mashed Potatoes—GF	Southwestern Style Rice and Beef
Chicken	Salted Peanuts—K
Dried Vegetable Mix	Soft Batch Cookies—K
Tropical Fruit and Nut Trail Mix—K	
Oreos—K	
Dinner #5	Dinner #10
Chicken Fried Rice	Chicken
Flamin' Hot Peanuts—K	Stuffing Mix—Handout
Cheddar Cheese Baked Pretzels	Dried Cranberries
Lorna Doone Cookies—K	Honey Roasted Cashews—K
	Chips Ahoy—K

"K" Kosher

"GF" Gluten Free

"PF" Peanut Free

"TNF" Tree Nut Free

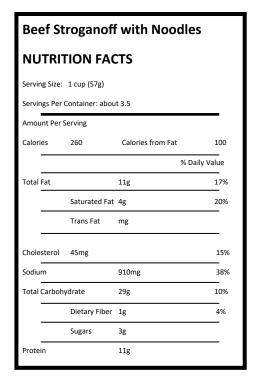
"DF" Dairy Free

Beef Stroganoff with Noodles—Mountain House, (1 package shared between 2 campers)

Ingredients: **Beef Stroganoff:** Cooked Beef: (Beef, Flavoring, Salt), Sour Cream (Cultured Cream, Milk, Whey, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Sodium Citrate), Mushroom, Modified Corn Starch, Corn Oil with Spice Extract, Nonfat Dry Milk, Dehydrated Onion, Less than 2% of Hydrolyzed Vegetable Protein (Corn, Yeast, Wheat Gluten, Soy Protein, Soybean Oil), Lemon Juice Concentrate and Lemon Oil, Sea Salt, Beef Flavor (Beef Stock, Maltodextrin, Salt), Molasses, Spice, Garlic Powder; **Precooked Noodles**: Durum (Wheat) Semolina, Whole Egg, Salt.

CONTAINS: MILK, SOY, WHEAT, EGG

OFD Foods, Inc. 877-366-3877, mountainhouse.com



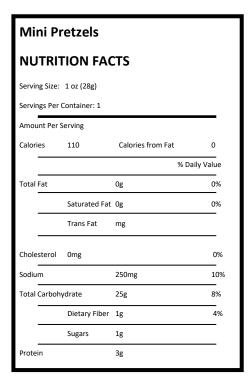
Mini Pretzels—KNA Foods, (1 package per camper)

Ingredients: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Salt, Malt, Dextrose, Canola Oil, Yeast, Soda.

CONTAINS: WHEAT.

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, tree nuts and wheat.

KNA Foods, 1.800.322.6325, alpineaire.com



Nuts and Chocolate Trail Mix—KraftHeinz, (1 package per camper)

Ingredients: Peanuts, Raisins, M&Ms Milk Chocolate Candies (Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors), Sugar, Corn Starch, Less than 1% - Corn Syrup, Dextrin, Coloring (Includes Blue 1 Lake, Yellow 6, Red 40, Yellow 5, Blue 1, Red 40 Lake, Blue 2 Lake, Yellow 6 Lake, Yellow 5 Lake, Blue 2), Gum Acacia), Almonds, Peanut Oil, Sea Salt, High Oleic Sunflower Oil.

CONTAINS: PEANUT, MILK, SOY, ALMOND

Manufactured on equipment that processes other tree nuts.

Consumer Inquiries: KraftHeinz 1-855-663-5387 or kraftfoodservice.com

NUT AND CHOCOLATE TRAIL MIX			L MIX
NUTRITION FACTS Serving Size: 3 Tbsp			
Amount Per	Serving		
Calories	130	Calories from Fat	70
		%	Daily Value
Total Fat		8g	12%
	Saturated Fat	1.5g	8%
	Trans Fat	0mg	
Cholesterol	0 mg		%
Sodium		30mg	1%
Total Carboh	ydrate	12g	4%
	Dietary Fiber	2g	8%
	Sugars	9g	
Protein		4g	

• Teddy Grahams - Mondelez, (1 package per camper)

Ingredients: Graham Flour (Whole Grain Wheat Flour), Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Sugar, Soybean and/or Canola Oil, Dextrose, Calcium Carbonate (Source of Calcium), Baking Soda, Maltodextrin, Salt, Cinnamon, Soy Lecithin, Natural Flavor.

CONTAINS: WHEAT AND SOY

Mondelez Global LLC., snackworks.com, 1-800-622-4726

Teddy Grahams NUTRITION FACTS Serving Size: 1 Pack (28g) Servings Per Container: 1 Amount Per Serving 120 Calories from Fat Calories 35 % Daily Value Total Fat Saturated Fat 0.5g 3% Trans Fat Cholesterol 0 mg % Sodium 90mg 4% Total Carbohydrate 21g 7% Dietary Fiber 1g 4% Sugars 7g Protein

• Santa Fe Style Rice with Chicken—Backpacker's Pantry (1 package shared between 2 campers)

Ingredients: Sauce (Tomato Powder (1% Silicon Dioxide), Potato Starch, Nonfat Milk, Maltodextrin, Sea Salt, Pure Cane Sugar, New Mexico Chili Pepper (Ground Chili Pepper, Silicon Dioxide), Garlic, Cayenne Pepper (Ground Red Pepper, Silicone Dioxide), Dextrose, Savory Soup Base (Maltodextrin, Salt, Autolyzed Yeast Extract, Yeast Extract, Onion Powder, Silicon Dioxide, Turmeric Extract (Color), Sunflower Oil), Torula Yeast, Cumin Seed, Oregano, Gluten Free Tamari Sauce (Tamari Sauce (Soybeans, Salt), Maltodextrin, Salt), Black Beans, Freeze-Dried Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Color)), Freeze-Dried Super Sweet Corn, Onion, Organic Dried Tomato Flakes, Green Chili Pepper), Precooked Parboiled Long Grain Brown Rice, Freeze-Dried Cooked White Meat Chicken, Green Chili Pepper.

CONTAINS: MILK, SOY

Produced in a facility that processes peanuts, milk, soy, wheat, gluten, egg and tree nut ingredients.

Product Information: American Outdoor Products, Boulder, CO

Phone No: 800-641-0500

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SANTA FE STYLE RICE WITH CHICKEN **NUTRITION FACTS** Serving Size: 1/2 Package (95g) Servings Per Container: 2 Amount Per Serving Calories 350 % Daily Value Total Fat 6g 7% Saturated Fat 2.5g 12% Trans Fat 0mg 25mg Cholesterol 8% Sodium 940mg 41% Total Carbohydrate 20% 56g Dietary Fiber 11g 41% Sugars 10g 21g Protein

Honey Mustard and Onion Bread Pieces—KNA Foods (1 package per camper)

Ingredients: Honey Mustard and Onion Pretzel Pieces: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Water, Sugar, Onion Powder, Maltodextrin, Dextrose, Whey (Milk), Salt, Vinegar Powder, (Maltodextrin, Modified Corn Starch, Vinegar), Honey Powder, Hydrolyzed Soy Protein, Mustard (Vinegar, Water, Mustard, Salt, Turmeric), Maltodextrin, Corn Starch), Wheat Starch, Yeast, Spices, Extract of Turmeric, Citric Acid, Horseradish Powder, Natural Flavors, Soda.

CONTAINS: MILK, SOY, WHEAT

Produced in a facility that produces peanuts, soybeans, milk, eggs, fish, crustaceans, tree nuts and wheat.

KNA Foods, 1.800.322.6325, alpineaire.com

HONEY MUSTARD BREAD PIECES NUTRITION FACTS Serving Size: 1 OZ (28g) Servings Per Container: 1 Amount Per Serving Calories 140 Calories from Fat 60 % Daily Value Total Fat 7g 11% Saturated Fat 3g 15% Trans Fat Cholesterol 0% Sodium 240mg 10% Total Carbohydrate 19g 6% 3% Dietary Fiber Sugars 3g 2g

• Honey Roasted Peanuts—Frito Lay (1 package per camper)

Ingredients: Peanuts, Sugar, Vegetable Oil (Peanut, Cottonseed, Soybean and/or Sunflower Oil), Honey, Salt, Modified Potato Starch, and Xanthan Gum.

CONTAINS: PEANUT INGREDIENTS

This product is made on equipment that also makes products containing tree nuts.

Questions: 1-800-352-4477, FRITOLAY.COM

HONEY ROASTED PEANUTS NUTRITION FACTS				
				Serving Size: 1 package
Servings Per	Container: 1			
Amount Per	Serving			
Calories	220			
			% Daily Value	
Total Fat		18g	23%	
	Saturated Fat	3g	14%	
	Trans Fat	0mg		
Cholesterol	0 mg		0%	
Sodium		230mg	10%	
Total Carboh	ydrate	11g	4%	
	Dietary Fiber	3g	119	
	Sugars	7g		
Protein		8g		

Whole Grain Crispy Squares (Marshmallow Squares) - Super Bakery (1 package per camper)

Ingredients: Organic Whole Grain Crisp Rice, Corn Syrup, Sugar, Margarine (Palm Oil, Fractionated Palm Oil, Water, Salt, Whey, Monoglycerides, Soy Lecithin, Sodium Benzoate Preservative, Citric Acid Preservative, Artificial Flavor, Beta-Carotene Color, Vitamin A Palmitate), Crystalline Fructose, Water, Contains 2% or less of each of the following: Glycerin, Gelatin, Organic Dried Cane Syrup, Corn Syrup Solids, Salt, Soybean Oil, Propylene Glycol, Soy Lecithin, Monoglycerides, Artificial Flavors, Capric/Caprylic Triglycerides, Baking Soda, Citric Acid Preservative, Ascorbic Acid Preservative.

CONTAINS: MILK AND SOYBEANS

Gluten Free, Contains No High Fructose Corn Syrup

Super Bakery Inc., superbakery.com, 216-426-8989

MARSHMALLOW SQUARES NUTRITION FACTS Serving Size: 1 bar (45g/1.6oz) Servings Per Container: 1 Amount Per Serving Calories Calories from Fat 30 % Daily Value Total Fat 3.5g Saturated Fat 1.5g 8% Trans Fat 0mg Cholesterol 0 mg 0% Sodium 60mg 3% Total Carbohydrate 10% 30g Dietary Fiber Og % Sugars Protein 2g

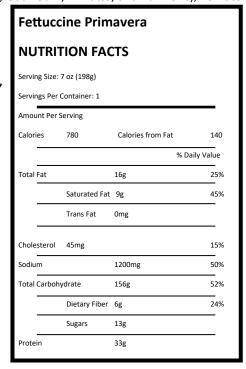
Fettuccini Primavera—AlpineAire Foods, (1 package shared between 2 campers)

Ingredients: Instant Pasta (Durum Semolina (Enriched with Niacin), Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, and Folic Acid), Corn Starch, Parmesan Cheese Powder (Partially Skim Milk, Cheese Cultures, Salt, Enzymes, Disodium Phosphate), Whole Milk Powder, Instant Non-Fat Milk Powder, Sour Cream Powder (Cream Solids, Cultured Nonfat Milk, Citric Acid), Butter Flavor (Whey Solids, Enzyme-Modified Butter, Maltodextrin, Salt, Dehydrated Butter, Guar Gum, Annatto, and Turmeric), Tomato

Flakes, Mixed Red and Green Bell Pepper, Freeze-Dried Broccoli, Brewers Yeast (Dried Yeast, Niacin, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin), Parsley Flakes, Black Pepper, Nutmeg, Rosemary.

CONTAINS: MILK, WHEAT. Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, tree nuts and wheat.

AlpineAire Foods, 1.800.755.6701, alpineaire.com



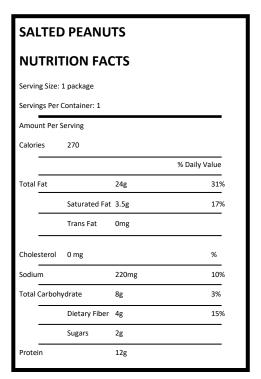
Salted Peanuts—Frito Lay (1 package per camper)

Ingredients: Peanuts, Vegetable Oil (Peanut, Cottonseed, Soybean, and/or Sunflower Oil), and Salt.

CONTAINS: PEANUT INGREDIENTS

This product is made on equipment that also makes products containing tree nuts. No preservatives.

Questions: 1-800-352-4477, fritolay.com



• Mini Sandies Cookies — Keebler/Kellogg's (1 package per camper) - K

Ingredients: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Sugar, Soybean and Palm Oil, Cornstarch, Butter (Cream, Salt), Contains 2% or less of: Whey, Salt, Natural Flavors, Soy Lecithin, Baking Soda, Datem, Distilled Monoglycerides.

CONTAINS: WHEAT, MILK AND SOY INGREDIENTS

Kellogg Sales Co., keebler.com, 1-877-453-5837

Mini Sandies Shortbread Cookies				
NUTRITION FACTS				
Serving Size:	1 package (28g)			
Servings Per	Container: 1			
Amount Per	Serving			
Calories	130	Calories from Fat		
			% Daily Value	
Total Fat		5g	6%	
	Saturated Fat	2g	10%	
	Trans Fat	0mg		
Cholesterol	<5 mg		1%	
Sodium		125mg	5%	
Total Carboh	ydrate	21g	8%	
	Dietary Fiber	0g	%	
	Sugars	7g		
Protein		1g		

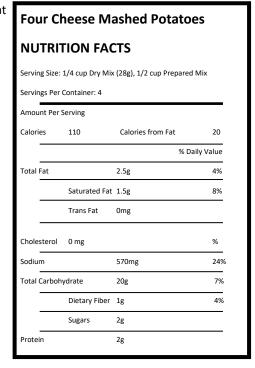
• Four Cheese Mashed Potatoes, Idahoan (1 package shared between 2 campers)

Ingredients: Idaho Potatoes, Four Cheese Blend (Cheddar Cheese Blend (Whey, Maltodextrin, Reduced Lactose Whey, Canola Oil, Cheddar and Blue Cheese (Cultured Milk, Salt, Enzymes), Salt, Disodium Phosphate, Whey Protein Concentrate, Citric Acid, Lactic Acid, Artificial Color (Including FD&C Yellow #6 and #5), Romano and Parmesan Cheeses (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Disodium Phosphate)), Vegetable Oil (Contains One or More of the Following: Coconut, Palm, Soybean,

Cottonseed, Sunflower, Canola), Salt, Corn Syrup Solids, Sugar, Whey Powder, Nonfat Dry Milk, Natural and Artificial Flavor (Milk, Soy), Maltodextrin, Mono and Di-Glycerides, Calcium Stearoyl Lactylate, Spice, Artificial Color (Including FD&C Yellow #6 and #5), Sodium Acid Pyrophosphate (Preserve Freshness), Sodium Bisulfite (Preserve Freshness), Citric Acid (Preserve Freshness), Sodium Caseinate, Dipotassium Phosphate, Disodium Inosinate, Disodium Guanylate, Mixed Tocopherols (Preserve Freshness), and less than 2% Silicon Dioxide Added as an Anti-Caking Agent.

CONTAINS: MILK AND SOY. Certified Gluten Free

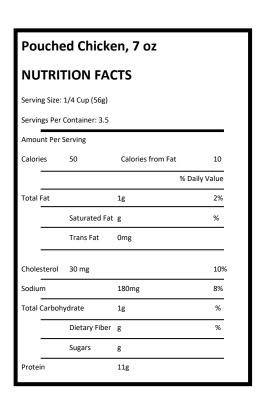
Idahoan Foods, LLC. 800.746.7999



• Chicken Breast, Bumblebee/Sweet Sue (1 pouch shared between 2 campers)

Ingredients: Chicken Breast (Chicken Breast, Water, Modified Food Starch, Salt, Sodium Phosphates.

Sweet Sue, 800.633.3294

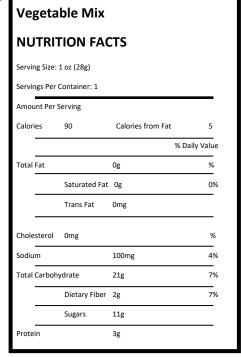


• Vegetable Mix—KNA Foods, (1 package shared between 2 campers)

Ingredients: Carrots, Mixed Red and Green Bell Peppers, Onion, Peas, Celery.

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, tree nuts and wheat.

KNA Foods, 1.800.322.6325, alpineaire.com



• Tropical Fruit and Nut Trail Mix—KraftHeinz, (1 package per camper)

Ingredients: Peanuts, Raisins, Sugar, Dried Bananas, Cashews, Vegetable Oil (Coconut, Palm, Palm Kernel, Peanut, High Oleic Sunflower, and Sunflower Oil), Dried Pineapple, Contains 2% or less of: Skim Milk, Whey Powder, Sea Salt, Cultured Milk, Citric Acid, Natural and Artificial Flavor, Artificial Color, Soy Lecithin, Lactic Acid, Gum Arabic, Lac Resin, Corn Syrup, Sulfur Dioxide (Sulfites) Added to Preserve Color.

CONTAINS: PEANUT, CASHEW, MILK, SOY

Manufactured on equipment that processes other tree nuts, Wheat.

KraftHeinz, 1-855-663-5387, kraftfoodservice.com

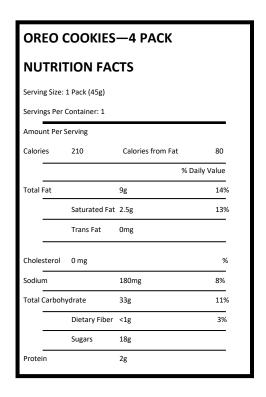
FRUIT AND NUT TRAIL MIX **NUTRITION FACTS** Serving Size: 3 Tbsp (27g) Servings Per Container: 2 Amount Per Serving Calories Calories from Fat 80 % Daily Value Total Fat 9g 14% Saturated Fat 2.5g 13% Trans Fat 0mg Cholesterol % 1% Sodium 30mg Total Carbohydrate 13g 4% Dietary Fiber 1g 5% Sugars Protein

• Oreo—Mondelez/Nabisco, (1 package per person)

Ingredients: Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Chocolate, Artificial Flavor.

CONTAINS: WHEAT, SOY

Mondelez Global LLC., oreo.com, 1-888-982-2649



• Chicken Fried Rice with Vegetables — Mountain House. (1 package shared between 2 campers)

Ingredients: Long Grain Parboiled Rice, Cooked Chicken (Chicken Meat, Salt), Freeze Dried Precooked Scrambled Eggs (Whole Egg (Glucose Removed for Stability), Egg Yolk, Nonfat Dry Milk, Modified Corn Starch, Corn Oil, Salt, Yeast Extract, Xanthan Gum), Onion, Mushroom, Green Peas (Peas, Salt), Red Pepper, Carrot, Soy Sauce (Wheat, Soybean, Salt, Alcohol, Vinegar, Lactic Acid), Oyster Sauce (Sugar, Salt, Oyster Extractives (Oyster, Salt), Modified Corn Starch, Caramel Color), Less than 2% of: Dextrin, Corn Oil with Spice Extract, Modified Corn Starch, Sesame Oil, Soybean Oil

CONTAINS: MILK, SOY, WHEAT, EGG

OFD Foods, Inc. 877-366-3877, mountainhouse.com

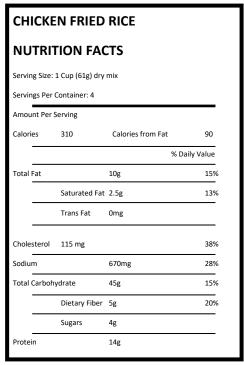
• Flamin' Hot Peanuts—Frito Lay (1 package per camper)

Ingredients: Peanuts, Vegetable Oil (Peanut, Cottonseed, Soybean, and/or Sunflower Oil), Salt, Dextrose, Maltodextrin (Made from Corn), Spices, Yeast Extract, Monosodium Glutamate, Tomato Powder, Onion Powder, Paprika, Natural Flavor, Garlic Powder, and Paprika Extracts.

CONTAINS: PEANUT INGREDIENTS

This product is made on equipment that also makes products containing tree nuts. No preservatives.

Questions: 1-800-352-4477, fritolay.com



FLAMIN' HOT PEANUTS NUTRITION FACTS			
Servings Per	Container: 1		
Amount Per	Serving		
Calories	270		
			% Daily Value
Total Fat		24g	31%
	Saturated Fat	3.5g	17%
	Trans Fat	0mg	
Cholesterol	0 mg		%
Sodium		380mg	16%
Total Carboh	ydrate	8g	3%
	Dietary Fiber	4g	15%
	Sugars	2g	
Protein		11g	

Cheddar Cheese Pretzel—Combo Baked Snacks, Mars Inc., (1 package per camper)

Ingredients: Wheat Flour, Vegetable Oil (Palm Kernel Oil, Palm Oil and/or Hydrogenated Palm Kernel Oil), Whey, Maltodextrin, Modified Corn Starch, Salt, Less than 1.5% - Cheese Blend (Bakers and Cheddar, Parmesan, Romano (Milk, Cultures, Salt, Enzymes, Annatto Color)), Leavening (Baking Soda, Sodium Acid Pyrophosphate), Dextrose, Soy Lecithin, Yeast Extract, Natural Flavor, Skim Milk, Hydrolyzed Wheat Gluten, Coloring (Yellow 5 Lake, Yellow 6 Lake, Blue 1 Lake), Lactic Acid, Citric Acid, Lactose, Sodium Caseinate.

CONTAINS: WHEAT, SOY, MILK

Mars Chocolate, NA, LLC., 1-800-556-7881, www.combos.com

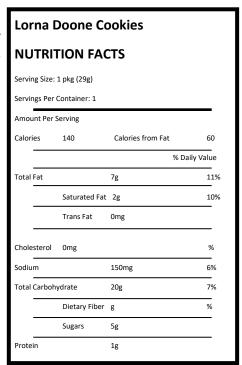
Cheddar Cheese Pretzel			
NUTRITION FACTS			
Serving Size:	1 bag (1.8oz)		
Servings Per	Container: 1		
Amount Per	Serving		
Calories	240	Calories from Fat	
			% Daily Value
Total Fat		9g	12%
	Saturated Fat	6g	30%
	Trans Fat	Omg	
Cholesterol	0mg		0%
Sodium		500mg	22%
Total Carboh	ydrate	35g	13%
	Dietary Fiber	<1g	0%
	Sugars	6g	
Protein		4g	

• Lorna Doone Shortbread Cookies—Mondelez, (1 package per camper)

Ingredients: Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vit B1), Riboflavin (Vit B2), Folic Acid), Sugar, Palm and/or Canola Oil, Corn Flour, Dextrose, Salt, High Fructose Corn Syrup, Baking Soda, Soy Lecithin, Cornstarch, Artificial Flavor.

CONTAINS: WHEAT AND SOY INGREDIENTS

Mondelez Global LLC, snackworks.com, 1-888-982-2649



• Three Cheese Macaroni and Cheese, Backpackers Pantry, (1 package shared between 2 campers)

Ingredients: Pasta Elbow (Ground Durum Semolina, Water, Egg Albumen and Salt), Sauce (Freeze-Dried Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Vegetable Color)), Parmesan Cheese (Parmesan Cheese (Cultured Part Skim Milk, Salt, Enzymes), Disodium Phosphate, Salt), Romano Cheese from Cow's Milk (Cultured Pasteurized Part Skim Milk, Salt, Enzymes, Disodium Phosphate, Salt), RBST Free Whole Milk Powder, Butter Sauce (Modified Corn Starch, Salt, Whey Solids, Non-Fat Dry Milk, Dehydrated Butter, Natural Butter Flavor, Sugar, Xanthan Gum, Lactic Acid), Onion, Sea Salt, Bacon Flavor (Maltodextrin, Bacon Type Flavor (Sunflower Oil, Smoke Flavor, with other Natural Flavors), Rice Starch, Salt, Tocopherol), Black Pepper, Turmeric, Nutmeg.

CONTAINS: WHEAT, EGG, MILK

Product Information: American Outdoor Products, Boulder, CO

Phone No: 800-641-0500

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3 Chee	se Mac a	nd Chees	e
NUTRITION FACTS			
Serving Size:	1/2 Package (95	ig)	
Servings Per	Container: 2		
Amount Per	Serving		
Calories	410		
			% Daily Value
Total Fat		14g	18%
	Saturated Fat	8g	42%
	Trans Fat	0mg	
Cholesterol	40 mg		14%
Sodium		1070mg	46%
Total Carboh	ydrate	50g	18%
-	Dietary Fiber	2g	6%
	Sugars	4g	
Protein		19g	

Spicy Nuts and Cajun Sticks Trail Mix—KraftHeinz, (1 package per camper)

Ingredients: Peanuts, Corn, Vegetable Oil (Soybean, Peanut, Corn and Canola Oil), Yellow Corn Masa Flour, Unbleached Wheat Flour, Sesame Seeds, Bulgur Wheat, Contains 2% or less of: Salt, Sea Salt, Dextrose, Dried Chili Peppers, Maltodextrin, Spices, Dried Onion, Corn Flour, Vegetable Color (Turmeric Extract, Beet Powder, Oleoresin Paprika, Paprika Extract), Dried Garlic, Potato Flour, Monosodium Glutamate (Flavor Enhancer), Dried Tomato, Torula Yeast, Dried Green Bell Peppers, Potato Maltodextrin, Dried Corn Syrup, Cocoa Pressed with Alkali, Sugar, Sodium Diacetate (for Tartness), Natural and Artificial Flavor, Spice Extractives, Modified Cornstarch, Malic Acid, Lactic Acid, Disodium Phosphate, Sodium Citrate (Controls Acidity), Citric Acid, Malted Barley Flour, Disodium Inosinate and Disodium Guanylate (Flavor Enhancer), Dried Mustard, Vinegar Powder, Artificial Color (Red 40 Lake).

CONTAINS: PEANUT, WHEAT, SESAME SEED.

Manufactured on equipment that handles tree nuts.

Consumer Inquiries: KraftHeinz 1-855-663-5387 or kraftfoodservice.com

Cajun Trail Mix			
TION FAC	CTS		
1/4 cup (28g)			
Container: 2			
Serving			
150	Calories from Fat	90	
		% Daily Value	
	11g	17%	
Saturated Fat	1.5g	8%	
Trans Fat	0mg		
0mg		%	
	250mg	10%	
ydrate	11g	4%	
Dietary Fiber	2g	8%	
Sugars	1g		
	5g		
	TION FAC 1/4 cup (28g) Container: 2 Serving 150 Saturated Fat Trans Fat Omg ydrate Dietary Fiber	TION FACTS 1/4 cup (28g) Container: 2 Serving 150 Calories from Fat 11g Saturated Fat 1.5g Trans Fat Omg Omg 250mg ydrate 11g Dietary Fiber 2g Sugars 1g	

Cheddar Cheese Bread Pieces - KNA Foods, (1 package per camper)

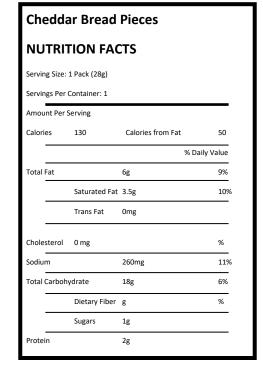
Ingredients: Enriched Wheat Flour (Wheat Flour, Niacin, Iron, Thiamin, Riboflavin, Folic Acid), Water, Palm Oil, Whey Powder, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Salt, Maltodextrin, Buttermilk Powder, Yeast, Onion Powder, Disodium Phosphate, Sodium Caseinate, Tomato Powder, Citric Acid, Spice, Nonfat Dry Milk, Sugar, Natural Flavors, Autolyzed

Yeast Extract, Garlic Powder, Turmeric Extract, Annatto Extract, Paprika Extract, Disodium Inosinate, Disodium Guanylate, Soda.

CONTAINS: MILK

Produced in a facility that handles Peanut Butter.

KNA Foods, 1.800.322.6325, alpineaire.com

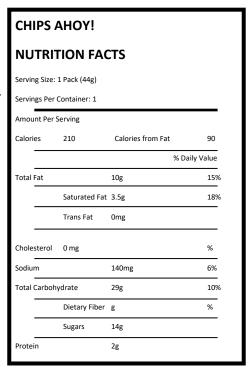


• Chips Ahoy! - Nabisco/Mondelez, (1 package per camper)

Ingredients: Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1). Riboflavin (Vitamin B2), Folic Acid), Semisweet Chocolate Chips (Sugar, Chocolate, Dextrose, Cocoa Butter, Milk, Soy Lecithin), Sugar, Canola Oil, Palm Oil, High Fructose Corn Syrup, Leavening (Baking Soda, Ammonium Phosphate), Salt, Artificial Flavor, Caramel Color, Natural Flavor.

CONTAINS: MILK, SOY, WHEAT

Mondelez Global LLC, 1-800-622-4726, snackworks.com



• Chicken and Rice—AlpineAire Foods (1 package shared between 2 campers)

Ingredients: White Rice (Precooked Long Grain Rice, Niacin, Iron, Thiamine Mononitrate, Folic Acid), Cooked Chicken Powder, (Cooked Chicken and Natural Flavor, (Extract of Rosemary), Cooked Freeze-Diced Chicken, Potato Starch, Freeze-Dried Peas, Chicken Flavored Broth (Maltodextrin, Salt, Torula Yeast, Dehydrated Vegetables (Onion, Celery, Parsley, Spinach, Garlic, Carrot),

Potato Flour, Xanthan Gum, Spices, Extractives of Spice (including Turmeric and Paprika), Soy Lecithin, Not more than 2% Soybean Oil added as a processing aid), Low Sodium Salt (Sodium Chloride), Potassium), Onion Granules, Parsley Flakes, Garlic Granules, White Pepper, Rosemary, Sage.

CONTAINS: SOY

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, crustaceans, tree nuts and wheat.

AlpineAire Foods, 1.800.755.6701, alpineaire.com

CHICKEN AND RICE NUTRITION FACTS Serving Size: 7 oz (198g)							
				Servings Per	Container: 1		
				Amount Per	Serving		
Calories	740	Calories from Fat	120				
		ç	% Daily Value				
Total Fat		13g	209				
	Saturated Fat	4g	20%				
	Trans Fat	0mg					
Cholesterol	65 mg		229				
Sodium		950mg	40%				
Total Carboh	ydrate	129g	43%				
	Dietary Fiber	3g	129				
	Sugars	2g					
Protein		35g					

• Hot Buffalo Wing Pieces—KNA Foods (1 package per camper)

Ingredients: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm Oil, Water, Maltodextrin, Salt, Dried Cayenne Pepper Sauce (Cayenne Peppers, Vinegar, Salt, Garlic), Sodium Diacetate, Modified Corn Starch, Monosodium Glutamate, Yeast, Vinegar, Paprika Extract, Citric Acid, Garlic Powder, Caramel Color, Disodium Inosinate and Guanylate, Lactic Acid, Soda.

CONTAINS: WHEAT

Processed in a facility that produces peanuts, soybeans, milk, eggs, fish, crustaceans, tree nuts and wheat.

KNA Foods, 1.800.322.6325, alpineaire.com

HOT BUFFALO WINGS BREAD PIECES NUTRITION FACTS Serving Size: 1 oz (28g) Servings Per Container: 1 Amount Per Serving Calories Calories from Fat 60 % Daily Value Total Fat 7g 11% Saturated Fat 3g 15% Trans Fat Cholesterol 0 mg % Sodium 380mg 16% Total Carbohydrate 6% Dietary Fiber 1g 3% Sugars 2g Protein

• Honey Roasted Peanuts—Frito Lay (1 package per camper)

Ingredients: Peanuts, Sugar, Vegetable Oil (Peanut, Cottonseed, Soybean and/or Sunflower Oil), Honey, Salt, Modified Potato Starch, and Xanthan Gum.

CONTAINS: PEANUT INGREDIENTS

This product is made on equipment that also makes products containing tree nuts.

Questions: 1-800-352-4477, FRITOLAY.COM

HONEY ROASTED PEANUTS NUTRITION FACTS				
			Serving Size: 1 package	
Servings Per	Container: 1			
Amount Per	Serving			
Calories	220			
			% Daily Value	
Total Fat		18g	23%	
	Saturated Fat	3g	14%	
	Trans Fat	0mg		
Cholesterol	0 mg		0%	
Sodium		230mg	10%	
Total Carboh	ydrate	11g	4%	
	Dietary Fiber	3g	11%	
	Sugars	7g		
Protein		8g		

 Whole Grain Crispy Squares (Marshmallow Squares) - Super Bakery (1 package per camper)

Ingredients: Organic Whole Grain Crisp Rice, Corn Syrup, Sugar, Margarine (Palm Oil, Fractionated Palm Oil, Water, Salt, Whey, Monoglycerides, Soy Lecithin, Sodium Benzoate Preservative, Citric Acid Preservative, Artificial Flavor, Beta-Carotene Color, Vitamin A Palmitate), Crystalline Fructose, Water, Contains 2% or less of each of the following: Glycerin, Gelatin, Organic Dried Cane Syrup, Corn Syrup Solids, Salt, Soybean Oil, Propylene Glycol, Soy Lecithin, Monoglycerides, Artificial Flavors, Capric/Caprylic Triglycerides, Baking Soda, Citric Acid Preservative, Ascorbic Acid Preservative.

CONTAINS: MILK AND SOYBEANS

Gluten Free, Contains No High Fructose Corn Syrup

Super Bakery Inc., superbakery.com, 216-426-8989

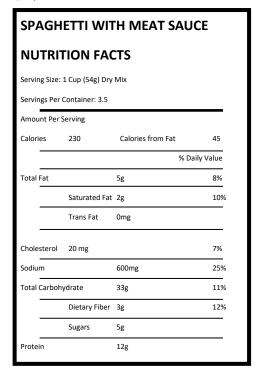
MARSHMALLOW SQUARES NUTRITION FACTS Serving Size: 1 bar (45g/1.6oz) Servings Per Container: 1 Amount Per Serving Calories 160 Calories from Fat 30 % Daily Value Total Fat 3.5g 5% Saturated Fat 1.5g 8% Trans Fat Cholesterol 0 mg 0% Sodium 60mg 3% Total Carbohydrate 10% % Dietary Fiber Og Protein

• Spaghetti with Meat Sauce—Mountain House, (1 package shared between 2 campers)

Ingredients: Enriched Spaghetti (Durum (Wheat), Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Tomato Paste, Cooked Beef (Beef, Flavoring, Salt). Less than 2% of: Textured Soy Flour (Soy Flour, Caramel Color), Dehydrated Cheese (Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes), Cream, Salt, Sodium Phosphate, Lactic Acid), Sugar, Sea Salt, Hydrolyzed Vegetable Protein (Corn, Yeast, Wheat Gluten, Soy Protein, Soybean Oil), Spices, Onion Powder, Garlic Powder.

CONTAINS: MILK, SOY, WHEAT

OFD Foods, Inc. 877-366-3877, mountainhouse.com



Combos Baked Snacks Pepperoni Pizza Cracker — Mars Brand (1 package per camper)

Ingredients: Wheat Flour, Vegetable Oil (Palm Kernel Oil, Palm Oil, Corn Oil, and/or Hydrogenated Palm Oil), Whey, Malto-

dextrin, Modified Corn Starch, Salt, Less than 2% - Salt, Tomato Powder, Bakers and Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Leavening (Baking Soda, Sodium Acid Pyrophosphate), Cream, Dextrose, Soy Lecithin, Spice, Yeast Extract, Artificial and Natural Flavors, Onion Powder, Caramel Color, Skim Milk, Paprika Extract (Color), Beef Fat, Garlic Powder, Coloring (Red 40 Lake, Yellow 6 Lake), Citric Acid, Malic Acid, Sugar, Disodium Inosinate, Disodium Guanylate, Hydrolyzed Soy Protein, Lactic Acid.

CONTAINS: WHEAT, MILK, SOY

Mars Chocolate NA, LLC., combos.com, 1-800-556-7881

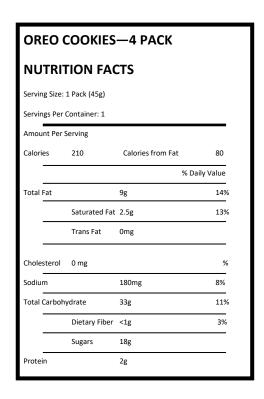
PEPPERONI PIZZA COMBOS				
NUTRITION FACTS				
Serving Size: 1 E	Bag			
Servings Per Co	ntainer: 1			
Amount Per Ser	ving			
Calories 2	240			
-			% Daily Value	
Total Fat		11g	14%	
	Saturated Fat	5g	25%	
1	Trans Fat	0mg		
Cholesterol <	<5 mg		%	
Sodium		490mg	21%	
Total Carbohyd	rate	30g	11%	
	Dietary Fiber	<1g	0%	
	Sugars	5g		
Protein		4g		

• Oreo—Mondelez/Nabisco, (1 package per person)

Ingredients: Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Chocolate, Artificial Flavor.

CONTAINS: WHEAT, SOY

Mondelez Global LLC., oreo.com, 1-888-982-2649



• Southwestern Style Rice and Beef—KNA Foods, (1 package shared between 2 campers)

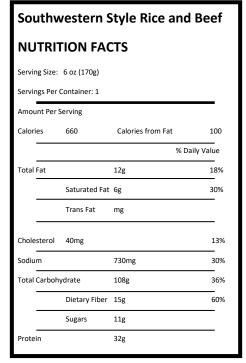
Ingredients: White Rice (Precooked Long Grain Rice, Niacin, Iron, Thiamine Mononitrate, Folic Acid), Pinto Bean Flakes, Sharp Cheddar Cheese Powder (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Disodium Phosphate, Annatto Extract), Parmesan Cheese Powder (Partially Skim Milk, Cheese Cultures, Salt, Enzymes, Disodium Phosphate), Chopped Onion, Tomato Flakes, Freeze

Dried Cooked Beef, Salt, Tomato Powder (Tomato), Corn Meal, Minced Green Onion, Chili Powder (Chili Pepper, Cumin, Salt, Oregano, Garlic), Jalapeno Pepper Powder, Garlic Granules, Cumin, Oregano, Basil.

CONTAINS: MILK

Processed in a facility that produces peanuts, soybeans, milk, eggs, tree nuts and wheat.

KNA Foods, 1.800.322.6325, alpineaire.com



Salted Peanuts—Frito Lay (1 package per camper)

Ingredients: Peanuts, Vegetable Oil (Peanut, Cottonseed, Soybean, and/or Sunflower Oil), and Salt.

CONTAINS: PEANUT INGREDIENTS

This product is made on equipment that also makes products containing tree nuts. No preservatives.

Questions: 1-800-352-4477, fritolay.com

SALTED PEANUTS				
NUTRITION FACTS				
Serving Size:	1 package			
Servings Per	Container: 1			
Amount Per	Serving			
Calories	270			
-			% Daily Value	
Total Fat		24g	31%	
	Saturated Fat	3.5g	17%	
	Trans Fat	0mg		
Cholesterol	0 mg		%	
Sodium		220mg	10%	
Total Carboh	ydrate	8g	3%	
	Dietary Fiber	4g	15%	
	Sugars	2g		
Protein		12g		

• Soft Batch Chocolate Chip Cookies—Keebler/Kellogg's, (1 package per camper)

Ingredients: Bleached and Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 (Thiamin Mononitrate), Vitamin B2 (Riboflavin), Folic Acid), High Fructose Corn Syrup, Soybean and Palm Oil, Sugar, Chocolate Flavored Chips (Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa, Cocoa Pressed with Alkali, Dextrose, Soy Lecithin), Semi-Sweet Chocolate (Sugar, Chocolate, Cocoa Butter, Dextrose, Soy Lecithin, Natural and Artificial Flavor, Salt), Contains 2% or less of: Modified Corn Starch, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Natural Flavor (Contains Milk), Soy Lecithin, Salt, Cornstarch, Caramel Color, Yellow 6, Eggs).

CONTAINS: WHEAT, SOY, MILK AND EGG INGREDIENTS.

May contain Peanuts and Tree Nuts.

Kellogg Sales Co, 1-877-453-5837, Keebler.com

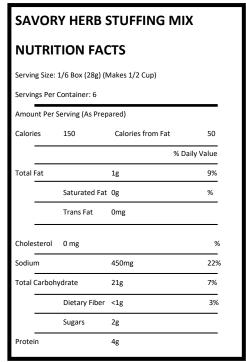
Soft Ba	tch Cool	kies	
NUTRI	TION FAC	CTS	
Serving Size:	4 cookies (64g	()	
Servings Per	Container: 1		
Amount Per	Serving		
Calories	300		
			% Daily Value
Total Fat		14g	18%
	Saturated Fat	: 6g	30%
	Trans Fat	mg	
Cholesterol	mg		%
Sodium		230mg	10%
Total Carbohydrate		42g	15%
	Dietary Fiber	1g	4%
	Sugars	23g	
Protein		2g	· · · · · · · · · · · · · · · · · · ·

Stove Top Savory Herbs Stuffing Mix—KraftHeinz (1 pouch shared between 2 campers)

Ingredients: Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), High Fructose Corn Syrup, Onions, Salt, Contains Less than 2% of Hydrolyzed Soy Protein, Monosodium Glutamate, Yeast, Partially Hydrogenated soybean and/or Cottonseed Oil, Cooked Chicken and Chicken Broth, Spice, Celery, Parsley, Garlic, Turmeric with BHA, BHT and Rosemary Extract as Preservatives.

CONTAINS: WHEAT, SOY

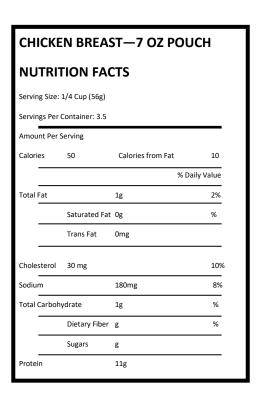
KraftHeinz 1-800-431-1003 or kraftheinzcompany.com



Chicken Breast, Bumblebee/Sweet Sue (1 pouch shared between 2 campers)

Ingredients: Chicken Breast (Chicken Breast, Water, Modified Food Starch, Salt, Sodium Phosphates.

Sweet Sue, 800.633.3294

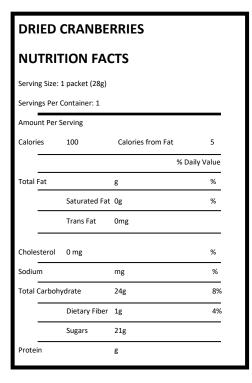


• **Dried Cranberries—Sugar Foods,** (1 package shared between 2 campers)

Ingredients: Cranberries, Sugar, Sunflower Oil

Packaged in a facility that also packages tree nuts.

Fresh Gourmet Company LLC. 1-888-958-6921



Chips Ahoy! - Nabisco/Mondelez, (1 package per camper)

Ingredients: Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1). Riboflavin (Vitamin B2), Folic Acid), Semisweet Chocolate Chips (Sugar, Chocolate, Dextrose, Cocoa Butter, Milk, Soy Lecithin), Sugar, Canola Oil, Palm Oil, High Fructose Corn Syrup, Leavening (Baking Soda, Ammonium Phosphate), Salt, Artificial Flavor, Caramel Color, Natural Flavor.

CONTAINS: MILK, SOY, WHEAT

Mondelez Global LLC, 1-800-622-4726, snackworks.com

CHIPS AHOY!						
NUTRITION FACTS						
Serving Size:	1 Pack (44g)					
Servings Per	Container: 1					
Amount Per	Serving					
Calories	210	Calories from Fat	90			
			% Daily Value			
Total Fat		10g	15%			
	Saturated Fat	3.5g	18%			
	Trans Fat	0mg				
Cholesterol	0 mg		%			
Sodium		140mg	6%			
Total Carbohydrate		29g	10%			
	Dietary Fiber	g	%			
	Sugars	14g				
Protein		2g				

Honey Roasted Cashews—KraftHeinz, (1 package per camper)

Ingredients: Cashews, Sugar, Peanut Oil, Honey, Corn Syrup, Sea Salt, Fructose, Cornstarch, Xanthan Gum.

CONTAINS: CASHEWS.

Manufactured on equipment that processes peanuts, other tree nuts.

Consumer Inquiries: KraftHeinz 1-855-663-5387 or kraftfoodservice.com

