



ALL COMMISSIONERS' BONUS SESSION
"IT'S ALL ABOUT RELATIONSHIPS"
Developing and Sustaining Positive Relationships
for Commissioners
led by Rev. David Weyrick



This two-day bonus conference is designed for Commissioners who would like to stay at Philmont a little longer to learn more about Relationships. The conference will focus on the fundamentals of relationships, how these relationships interact to change lives, and explore the many components of connections which impact Scouting in positive ways leading to growth in individuals, Units, and Councils. Commissioners will discover concepts to take back to their Councils that will significantly impact their Commissioner Corps and strengthen trust and authenticity.

Sample Curriculum

MONDAY JUNE 16 - BUILDING THE FOUNDATIONS OF EFFECTIVE RELATIONSHIPS

9:00 am - M1 - Defining Relationships in Scouting

1. Distinguish between objective and subjective.
2. Name the one thing all parts of Scouting have in common.
3. Define positive relationships.
4. Explain the three functions of any Council or Unit.
5. Identify the key types of relationships within Scouting; peer, professional, leader-youth.
6. Recognize the theological anthropology of relationships.
7. Define Imago Dei and list its three parts.
8. Explain why we are "social animals."
9. Define "collective conscience."
10. Identify where relationships enter the Hierarchy of Needs.

10:30 am - M2 - From Being Known, to Liked, to Trusted

1. Recite the critical steps to developing positive relationships.
2. List the top three ways people someone when first meeting.
3. List three ways one can be known.
4. List three techniques one can incorporate to being liked.
5. Define trust.
6. Explain the two-way understanding involved with trust.
7. Recognize the emotional dimension of trust.
8. Indicate three ways one can be identified as being trusted.
9. Define integrity and list two ways to develop integrity.
10. List four ways one can demonstrate dependability.
11. Explain the most important Scouting relationship of all.

1:30 pm – M3 - Volunteer to Professional Relationships: Bridging the Gap

1. List three common challenges in volunteer-professional relationships.
2. Demonstrate effective communication techniques in a scenario between a volunteer and professional.
3. Identify two key opportunities for enhancing collaboration between volunteers and professionals.
4. Propose one specific action plan to strengthen a volunteer-professional relationship in your unit.
5. Measure the effectiveness of your plan by gathering feedback from both parties involved.

3:00 pm – M3 - Leader to Scouts, to Parents, and Each Other: Mentorship and Guidance of That

1. Identify three mentoring techniques that support Scouts' growth and development.
2. Role-play an example of effective communication with a parent regarding their Scout's progress.
3. Set boundaries in a mentoring relationship and explain their importance in maintaining trust.
4. Evaluate the strength of your current relationship with Scouts and parents using a self-assessment tool.
5. Develop a plan to improve communication and trust in your relationship with parents.

TUESDAY JUNE 17 – TOOLS OF THE RELATIONSHIPS TRADE FOR COMMISSIONERS

9:00 am – T1 – Learning to Listen

1. Differentiate the difference between hearing and listening.
2. Define true listening.
3. List three reasons people struggle to listen.
4. Explain why listening is a skill.
5. Describe what happens in the brain when we feel truly heard.
6. Determine the connection between listening and relationships.
7. Identify loneliness and its cultural impact.
8. Define conversation and the difference between supporting vs. dominating a conversation.
9. Explain why listening is vital specifically for today's youth.

10:30 am – T2 - Knowing Yourself: Strengths and Weaknesses in Relationship Building

1. Define knowing oneself.
2. List common traits of those who know themselves.
3. Discuss why knowing oneself is vital to developing relationships.
4. Define personal relationships.
5. List factors in choosing personal relationships wisely.
6. Name the three kinds of personal relationships.
7. Identify the Basic Rights in a Relationship.
8. List ways that healthy relationships can help you.
9. Identify what lack of healthy relationships can lead to.
10. Identify steps to improve personal relationships.
11. List the 10 Steps to Improve Your Personal Relationships.

1:30 pm – T3 - Confidence in Conquering Conflict

1. Define conflict and distinguish between internal and external conflict.
2. List the four major types of conflict.
3. Name the sources of conflict.
4. Suggest ways positive relationships can help to diminish conflict.
5. Identify common causes of conflict
6. Define conflict resolution
7. Distinguish tension from conflict
8. State how tension can benefit the organization
9. Define the five methods for managing conflict.
10. Identify two common causes of conflict in Scouting relationships and propose solutions.
11. Identify the path towards healthy confrontation

3:00 pm T4 - Relationships That Change Lives: The Long-Term Impact

1. Define changing a life and recall persons who changed them in positive ways.
2. List the characteristics of positive persons of influence.
3. Explain six ways one can mentor.
4. Document one example of a relationship in Scouting that has positively impacted a Scout or leader.
5. Propose one strategy for continuing relationship-building in your Scouting unit or team.