

Overnighter INFO

Campers will need to pack **two separate bags for the overnight campout**: a day hike bag & an overnight bag.

Program Counselors and Outdoor Guides will “shake down” or go through each camper’s bag before departure to be sure that needed items are packed. Any unnecessary items will be kept in the office and returned when hikers get back.

DAY HIKE GEAR

This bag will be with them during the day.

- Daypack with padded straps
- 2-3 Nalgene (quarts) of water
- Raingear
- Sunscreen (optional)
- Bug spray (optional)
- Camera (optional)
- Any medications needed during the day

OVERNIGHT GEAR

This bag will be dropped at their overnight site

- Sleeping bag
- Bedroll (optional)
- Toothbrush (no toothpaste)
- Jacket or fleece
- Sleeping clothes/ Pajamas
- Flashlight or Headlamp
- Any medications needed before bed or the next morning.

MAKE SURE TO HAVE CAMPERS BRING LONG PANTS AND CLOSED TOED SHOES TO BE ABLE TO PARTICIPATE IN ALL PROGRAMS AVAILABLE

The following items are considered “smellables” and should NOT be packed in the overnight bags:

- Shampoo
- Toothpaste (*unless at a staff camp*)
- Deodorant/Antiperspirant
- Candy or Gum
- Foot Powder
- Soap
- Batteries
- Film
- Extra snacks

Please do not hesitate to speak to someone in the Program Office if you have any questions or concerns.

Thank you in advance for your help!

-Outdoor Guide Coordinator