

## Rayado Trek Packing List

### PERSONAL GEAR

This is a list of items provided by the participant

#### Backpacking Gear

Equipment	QTY	Comments
Backpack	1	Large enough to be able to carry all personal gear and your share of crew gear. 65 to 75 L capacity recommended. Rental available with pack cover for \$30
Pack Cover	1	Waterproof, durable cover that fits over full pack
Sleeping bag	1	Recommended comfort rating of 20 degrees and weigh less than 4 lbs
Waterproof stuff sack	1	For Sleeping Bag. Alternatively, use compression sack lined with plastic bag
Sleeping pad	1	For padding and insulation from ground
Headlamp or flashlight	1	Durable and lightweight - Bring extra batteries
<b>Optional</b>		
Trekking poles		
Sleeping Bag Liner	1	Wool or Synthetic
Pillow	1	Small, packable. Inflatable works best

#### Food & Water

Equipment	QTY	Comments
Bowl	1	Deep bowl of lightweight material
Utensils	1	Only a Spoon or Spork are recommended
Water Bottles & Reservoir	5+ Liters	At least 5L personal capacity any combination of Bottle or Reservoir
<b>Optional</b>		
Mug/Cup	1	12-20 oz. Measuring style recommended

#### Clothing & Footwear

Equipment	QTY	Comments
Underwear	5 to 8	Moisture-wicking, Enough for the entire trek
Sports Bra	3 to 4	Synthetic Moisture Wicking, Enough for the entire trek
Moisture-wicking T-shirt	2	Moisture-wicking. Avoid Cotton
Long Sleeve Shirt	1	Moisture-wicking. Avoid Cotton
Quick-Drying Pants/Shorts	2	Pants are needed for certain program <b>including conservation</b>
Sleep Clothes	1 set	Only worn in sleeping bag. Light weight T-shirt and Gym shorts recommended

Socks	3 to 4 pairs	Wool or Synthetic, not cotton. Liners are optional and help prevent friction and wicks sweat away from foot
Boots	1 Pair	Sturdy, supportive, and broken in. Well broken in boots that are durable, fit comfortably and have adequate tread. Trail runners are accepted but ankle support with boots is highly recommended
Camp Shoes/Stream Shoes	1 pair	Used in camp, stream crossing, some backcountry programs

### Rain & Cold Weather

Equipment	QTY	Comments
Rain jacket	1	Durable rain gear is highly recommended
Rain Pants	1	In heavy rain, rain pants are vital for warmth
Gloves	1 pair	Glove Liners recommended for cold morning/evening and summit days
Warm hat	1	For sleeping, morning & evening, and summits
Insulated jacket	1	Packable down or synthetic puffy or fleece. Depending on personal preference. Should expect lows in the mid 30s in the higher elevation camps
<b>Optional</b>		
Lightweight Fleece	1	Lightest and warmest available. Wool sweater or fleece pullover recommended
Long underwear	1	Mid-weight synthetic top and/or bottoms are recommended but optional. Used for cold mornings or nights

### Health & Hygiene

Equipment	QTY	Comments
Toothbrush and toothpaste	1	Travel size
Menstrual products		Tampons/ Pads/ Cups & disposal items, strongly recommended for all females to bring, enough for the entire trek
Prescription medications		In-Date (not expired) Enough for the entire trek
Camp Towel	1	Small, quick-drying
<b>Optional</b>		
Insect Repellent	1	Travel size. No aerosol cans
Foot Powder		May be kept as "Crew Gear" - Can soothe tired feet, absorb moisture, and reduce chance of blisters
Contacts/Extra Solution		Multiple pairs in case of need. Enough solution to last the entire trek. Glasses as an emergency backup

### Sun Protection

Equipment	QTY	
Hat		Wide brim or baseball - - Protect ears and face from sun
Sunscreen	1	Travel size container. SPF 25 or higher, no aerosol cans
Sunglasses		Recommended Polarization
Lip balm		Moisturizing balm with SPF 25 or greater

### Miscellaneous

Equipment	QTY	Comments
Ditty Bags/Sealable Plastic Bags	6 to 10	Useful for packing and keeping clothes dry, cleaning laundry, and pack organization
Journal and pen/pencil		Useful in emergency situations and as a keepsake. Philmont Passport is great for journaling
Watch		Replace batteries before arriving
Whistle	1	For emergency situations - to signal. Most packs will have built into chest strap
<b>Optional</b>		
Field Uniform	1	For Banquet after trek and travel if preferred
Daypack	1	For use on summit days and side hikes
Camp Chair		Helpful for a backrest and/or elevating your feet
Bandana/ Tubular Headgear	2	Serves as washcloth, hot pot holder, neckerchief and a variety of other uses
Cards or games		
Lashing Straps		To hold large or extra items on pack, best for external frame packs
Cash		\$20 to \$50 in small bills for Backcountry Cantinas and Trading Posts. Credit and Debit Cards Accepted. Apple Pay, Google Pay, and all Tap Capabilities is newly accepted
Duct Tape		Small amount for trail repairs
Camera		
Pocket knife		A few per crew is sufficient
Multi-Tool	1	To remove lid from cooking pot & to repair gear
Postcards		Pre-Stamped Mailing available on trek at Staffed Camps
Backpacking Tent	1	1-2 person backpacking tent. Must be fully enclosed -- no bivvies. Participants should plan on sharing a tent. Philmont backpacking tents also provided
Waterproof Ground Cloth		For Philmont Thunder Ridges 5'x7' is the size
Spices/ Hot Sauce		Personal preference to compliment cooked meals

Water Purifiers/Filters		All water from streams, lakes, etc. need to be purified. Micropure tablets are issued so filters are optional and will require a repair kit on the trail
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### Equipment Provided by Philmont

This is a list of items provided by Philmont free of charge, except for any damaged or replacement

Equipment	QTY	Comments
Backpacking Shelter (Dining Fly)		
Philmont Backpacking Tent		Crews should plan on using the least amount of backpacking tents while following all Scouting Barriers to Abuse. Weight is 5lbs5oz. Footprint is 88"x54"
Cooking / Dishwashing Pots	2	
Large Spoon	1	
Plastic Trash Bags		
Dishwashing Suds		
Hand Sanitizer and Scrub Pad		
Water Purification Tablets		Micropur - 1 tablet treats 1 liter
Bear Rope	2 or 3	
Bear Bags	5 to 8	
Food Strainer and Scraper		
Sewing Kit		
Tent Stakes		
Backpacking Stove		
Stove Fuel		
First Aid Kit		
Nylon Cord		
Trowel/shovel	1	
Carabiner	1	
Matches/Lighter	4	
Compass	2	
Philmont Sectional Maps		
Toilet Paper		
<b>Optional gear available from Philmont</b>		
Salt/ Pepper/ Condiments		
Collapsible Poles	2	For dining fly wt. 1lb6oz. Trekking poles are a convenient substitute
Hot Pot Tongs	1	3.5oz. Multi-tool can be used instead

### Items Prohibited:

- Deoderant
- Radios/Bluetooth Speakers/ Video Game Devices

- Hammocks
- Turkey Bags
- Bear Bag Pulley Systems, Bear Spray, Bear Horns
- Drones
- Fireworks
- Drugs & Alcohol