



Welcome to Philmont!

We are excited for your participation in a Mountain Trek here at Philmont Scout Ranch! The Mountain Trek program is a challenging backpacking expedition that provide the opportunity to experience the rugged Sangre de Cristo Mountains of Philmont. Mountain Trek crews hike 20-40 miles in the backcountry where participants stay at several staffed camps that offer a variety of exciting programs along with time to relax and enjoy the natural beauty of Philmont. Participants are organized into male, female, or co-ed crews, and are supervised by experienced Philmont Rangers.

The Mountain Trek program is designed specifically for the sons and daughters of Training Center participants. These treks coincide with PTC Conferences or Family Adventure, departing on Sunday afternoon and returning Saturday morning.

This packet of information will help you prepare for a great adventure, so please read the enclosed material carefully.

We are excited to join you in this adventure!

Cordially,

Philmont Staff



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Mountain Trek Overview

Mountain Treks are challenging backpacking expeditions that provide the opportunity to experience the rugged Sangre de Cristo Mountains of Philmont. Mountain Trek crews hike 20-40 miles into the backcountry where participants stay at several staffed camps that offer a variety of exciting programs.

Participation in the Mountain Trek program is for young men and women who are at least 13 years of age and have completed the 8th grade prior to participation and not yet 21. Participants must be registered in any of the Boy Scouts of America programs.

Groups of five to ten participants are organized into male, female, or coed crews. Crews are placed under the supervision of two highly qualified Philmont Rangers who plan the trek to meet the abilities and experience of the crew.

Mountain Trek participants check in begins on Sunday afternoon at 2p.m. at the Philmont Training Center. Bring along all your gear and your completed Medical Form parts A, B, and C. There



will be a short orientation meeting at 3pm where Mountain Trekkers and parents meet with our Philmont Rangers. The participants are then divided into crews to prepare for their trek. The crews camp at Camping Headquarters Sunday night and depart for the backcountry on Monday morning. Rangers will remain with the crew for the duration of the trek. Participants will return to the PTC on Saturday morning to check in equipment, clean up, and rejoin their family for the trip home.

The Mountain Trek program is designed specifically for the sons and daughters of Training Center conference participants. A conference participant may bring one additional non-family Scout or Venture for each family member on a trek. All participants must meet the minimum age and health requirements and are under the responsibility of the conference participants. A Parent's Authorization Form is required if a youth is traveling without their legal guardian.

Included in this packet is a Mountain Trek Application. All Mountain Trek participants must complete and mail this application to Philmont prior to your arrival. This application helps the Philmont Rangers plan your crew's trek. Please complete this form even if you have already been confirmed on the Philmont registration form. If you have any questions regarding Mountain Trek feel free to contact the Philmont Training Center at Philmont.TrainingCenter@scouting.org or call at (575) 376-2281.

Mountain Trek Information Form

Please email a copy of this form to Philmont.TrainingCenter@scouting.org or mail with pack rental payment to: Philmont Scout Ranch / Training Center 17 Deer Run Road Cimarron, NM 87714

Name(First) (Middle Initial) (L	Male Female			
Address				
City State Z	ip Code			
Date of BirthAge Note: You must 14 years of age <u>or</u> have completed the 8 th grade and are at least 13 years old prior to participation, but not yet 21.				
Phone (in case of emergency) Home Parent's Work	Other			
Philmont Training Center Week Number or Dates				
Is there another participant with whom you wish to be in the same If yes, whom?				
Previous Experience How many years have you been in Scouting?				
What previous Philmont or High Adventure experience have you had?				
Please list the backpacking experience you have had (if you don't have any backpacking experience, please tell us that too)				
I understand that, as a Philmont Training Center participant that photographs, film, videotapes, electronic representations, and/or sound recordings may be made of me during my visit to Philmont Scout Ranch. These images may be used for training and promotional purposes for Philmont Scout Ranch and other projects approved by the Boy Scouts of America.				
Approvals				
Parent's Signature:	Date			
(Parent or Guardian must sign here.) Name of Conference Participant with whom you are attending:				
Participant's Signature:	Date			
Pack Rental Request Form Yes, I will need to rent a backpack with frame for the Mountain Trek. Please reserve one for me. Enclosed is the \$30.00 rental fee. (Payment must be made before arriving to Philmont.)	For Philmont Use Only: Paid Receipt # N/A Expedition #			

Mountain Trek Packing List

Pack

- ____ Pack with padded hip belt* Capacity: 60-70 liters (rental available)
- _____ Pack cover (waterproof nylon)*
- ____ Stuff Sacks or Large Ziploc bags to keep gear organized and dry in your pack*

Sleeping

- Sleeping bag in waterproof stuff sack.* (Line the inside of stuff sack with a garbage bag to make it waterproof.) Sleeping bag should be rated to 20 degrees F.
- _____ Sleep clothes (T-shirt and gym shorts) to be worn only in sleeping bag*
- _____ Sleeping pad closed cell foam or Therma-Rest*
- _____ Lashing Straps to hold sleeping bag and pad onto pack*

Clothing

Trekkers should be dressed for the trail when they check in on Sunday afternoon. Quantities below include what you are wearing at check in. Avoid bringing cotton items on the trail.

_____ Hiking boots. Boots should be well broken in. High-top boots that provide ankle support are highly recommended.

- _____ Lightweight tennis shoes to wear around camp.
- _____ Two pair heavy hiking socks, wool or synthetic, NO COTTON.*
- _____ Two pair liner socks, polypropylene*
- _____ Two pair underwear
- _____ Two hiking shirts
- _____ One pair hiking shorts* (zip-off pants can double as both shorts and pants)
- _____ One pair long pants* Not jeans (for cold weather, pole climbing, horse rides)
- ____ One pair insulated underwear* (optional, bring if you get cold easy)
- ____ One sweater or jacket, fleece or wool*
- _____ Hat or cap with brim for protection from the sun*
- ____ Stocking cap*
- ____ Rain jacket*
- ____ Rain pants*

Personal & Miscellaneous

 Small flashlight or headlamp* with new batteries* Compass* Bandana* Lip balm* Small sunscreen* 	Eating Bowl (plastic)* Spoon* (only utensil needed) 3 quart/liter carrying capacity bottles*
 Toothbrush and small toothpaste* Tampons/sanitary napkins* Sunglasses* Ditty bag (small stuff sack or Ziploc) for personal smellables in bear bag* Comb/Brush 	Optional Money – \$10-20 in small bills for use at backcountry trading posts Camera*

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Philmont provides tents. If you have a good quality backpacking tent you may bring it for consideration.

All crew gear and food will be provided. You do not need to bring any extra food. Please do not bring toilet paper from home. Philmont supplies toilet paper that is non-smellable and biodegradable.

Do Not Bring: Cell phones, radios, iPods, video game devices, hammocks, makeup, or deodorant *Available at the Tooth of Time Traders (<u>www.toothoftimetraders.com</u>) If you need to make purchases once arriving at Philmont, please plan to arrive early enough to visit the trading post before 2:00 pm check in.

Schedule upon Arrival

<u>Sunday</u>

2:00-3:00pm Check in at with the Rangers at the Philmont Training Center Greensward Be sure to have:

- Medical forms (A, B, and C signed by doctor and parent)
- Copy of insurance card
- Backpack with all gear ready to go

During this time, you will meet your ranger and the other members of your crew. The clothes that you are wearing for check-in will be worn on the trail the next day. You will take your crew photo and have a gear shakedown to ensure that the correct gear has been packed (there is no room for storage at Camping Headquarters for extra participant gear).

3:00 pm Parents have a meeting with the Mountain Trek Coordinators.

3:15 pm Leave the PTC Greensward and go to Camping Headquarters (CHQ)

Say goodbye to your parents, you won't see them until Saturday.

Before dinner, the group will have multiple logistical stops at CHQ. These stops will include getting trail food and crew gear separated, receiving tent assignments, and a tour of CHQ.

5:00 pm Dinner at CHQ

Immediately following dinner, the group will have some time to get to know each other before chapel services.

- 7:00 pm Chapel Services -Catholic, Jewish, LDS, Protestant
- 8:00 pm Opening Campfire

Following Opening Campfire, you will be sleeping at CHQ in Trailbound Tent City. The next morning you will hit the trail!



<u>Monday</u>

6:30 am Breakfast

Wakeup call at or before 6:00 am

7:30 am Gather at the Welcome Center for Departure

Empty and sweep out your tents before going to the Welcome Center

8:00 am Leave CHQ to go out into the backcountry.

Remain in the backcountry until Saturday morning.

<u>Saturday</u>

8:00 am Bus departs turnaround to bring the crew back to PTC

Upon arrival to PTC you will help separate crew gear, say goodbye to your crew and Rangers, and rejoin your family for your departure from Philmont.

PARENT'S AUTHORIZATION FORM

This form is to be used if you are bringing a minor/child who is not the participant's child or legal ward.

To: Philmont Scout Ranch

Name of Child_____ Name of Accompanying Adult (s): ____

Whereas the above-named minor of whom I have legal custody or guardian, will be traveling with and attending a conference at the Philmont Training Center in Cimarron, NM with the above-named adult (s) during the period between ______ and _____: and

Whereas the guidance during said trip will be given by the above-named adult(s):

It is agreed as follows:

- 1. In the event my child, during the trip, requires medical services including admission to a hospital, the abovementioned adult(s) may seek and provide for such services as my duly authorized representative. In case my child requires hospitalization and I cannot be contacted, the above adult(s) have the right to provide for the admission and care of my child to a hospital, secure proper anesthesia, or order injection or surgery, and to leave him/her there after reasonable efforts have been made to care for his/her welfare, and without any further obligation on the part of the adult(s). During the period of the trip, I can be reached at the telephone number listed below. I assume full financial responsibility for medical expenses. I further assume full responsibility for making any and all arrangements for returning the child to his home from the hospital, thereby relieving the adult(s) of any responsibility in this matter.
- 2. I realize that, during the trip, good conduct befitting a member of the Boy Scouts of America will be required of my child for the maintenance of good order and safety. Accordingly, I hereby authorize the adult(s) to discipline my child in a reasonable way. I understand that obnoxious acts such as smoking, chewing tobacco, speaking with profanity, consuming intoxicants or drugs, fighting, stealing, and failing to act in good accordance with normally accepted rules of good conduct cannot and will not be tolerated. In the event that my child violates the rules of good conduct and in the opinion of the adult(s) becomes incapable of being corrected by reasonable means and within a reasonable period of time, I authorize the adult(s) to provide for placing my child on a public conveyance, preferably an airline, for immediate return to our home.
- 3. In the event that the adult(s) shall make any advance disbursements or payments of money on the account of the authority given pursuant to the above items, I agree to pay on demand for all such expenditures. I further agree to hold harmless any of the above adult(s), Philmont Scout Ranch, and the Boy Scouts of America for any damages occurring to my child or myself as the result of the adult(s) acting within the scope of the authority given pursuant to the above items or implicit in the fulfillment of their tasks as my child's guardians during the duration of the trip.

Emergency phone numbers:	Parent / Guardian Address During Trip:
Work	
Home	
I hereby agree to the above:	
Signed	
(PRINT NAME)	
THIS INSTRUMENT WAS ACKNOWLEDGED	
DATE	
MY COMMISSION EXPIRES	



